

PaediaSure®

ACTIVITY BOOK



Let's
have some
fun!



Helping kids **be kids** again

 **Abbott**
life. to the fullest.®

ANIMAL WORD SEARCH



Words can go in any direction including backwards and diagonally!

WORDS TO FIND:

- AFRICA
- MONKEY
- LION
- ELEPHANT
- GIRAFFE
- MONKEY
- TOUCAN
- ZEBRA
- STRIPE
- MANE
- TUSK
- JUNGLE
- TAIL
- BEAK
- LIONESS
- NECK
- TRUNK

C	S	J	G	G	T	E	S	A	N	R	M	P	L	S	A
B	G	P	T	N	I	Y	K	N	U	R	T	V	T	S	H
T	K	I	M	Z	E	R	W	O	L	D	B	E	A	K	W
A	H	V	O	Q	S	G	D	O	H	E	L	I	S	O	H
I	E	S	N	F	L	I	O	N	W	I	B	U	N	C	J
L	I	L	K	S	I	R	E	A	F	F	T	S	A	F	N
U	O	Z	E	B	R	A	K	U	L	I	O	N	E	S	S
M	S	P	Y	G	A	F	R	M	S	P	U	E	S	K	T
R	E	B	O	N	U	F	U	E	W	T	C	O	Z	O	R
S	X	T	I	E	S	E	L	E	P	H	A	N	T	H	I
U	S	M	W	C	N	E	I	N	G	P	N	V	E	Y	P
O	A	H	N	K	L	Y	O	B	T	R	U	J	R	M	E
L	T	J	E	A	C	I	R	F	A	Q	E	X	I	S	O
I	F	F	O	W	U	O	J	U	N	G	L	E	K	N	B
V	M	A	N	E	S	K	D	P	T	O	U	O	Y	S	V
E	Y	B	N	R	I	L	S	J	E	M	U	B	R	T	L

JOKE

How do elephants talk to each other long distance?
On the ele-*phone*!

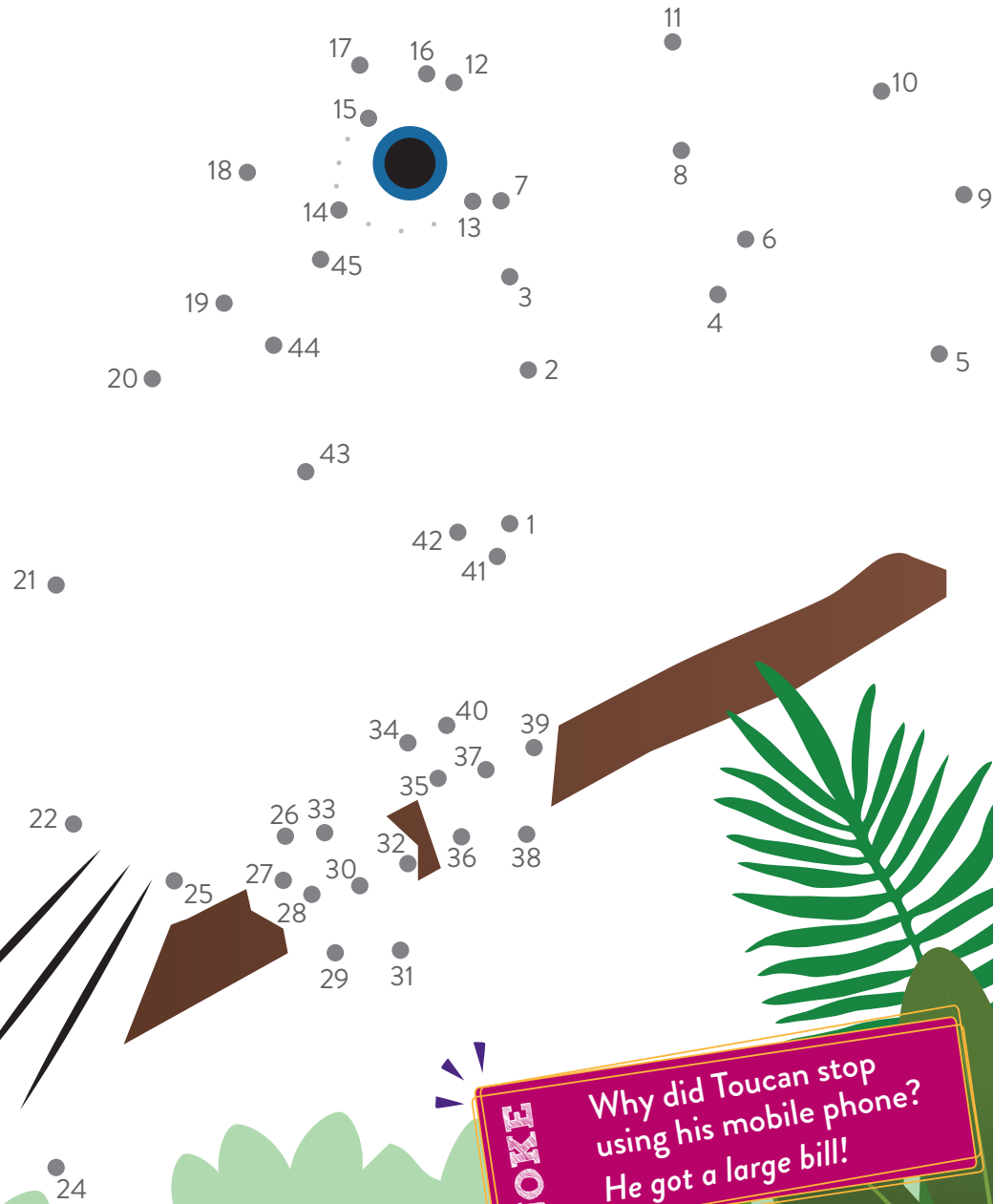
**COLOUR
ME IN**

But am I bathing in water or my favourite... chocolate?



WHO AM I?

Which animal is this? Join the dots to find out.



JOKE Why did Toucan stop using his mobile phone?
He got a large bill!



JOKE What do you call a monkey with a magic wand?
Hairy Potter!

COLOUR ME IN

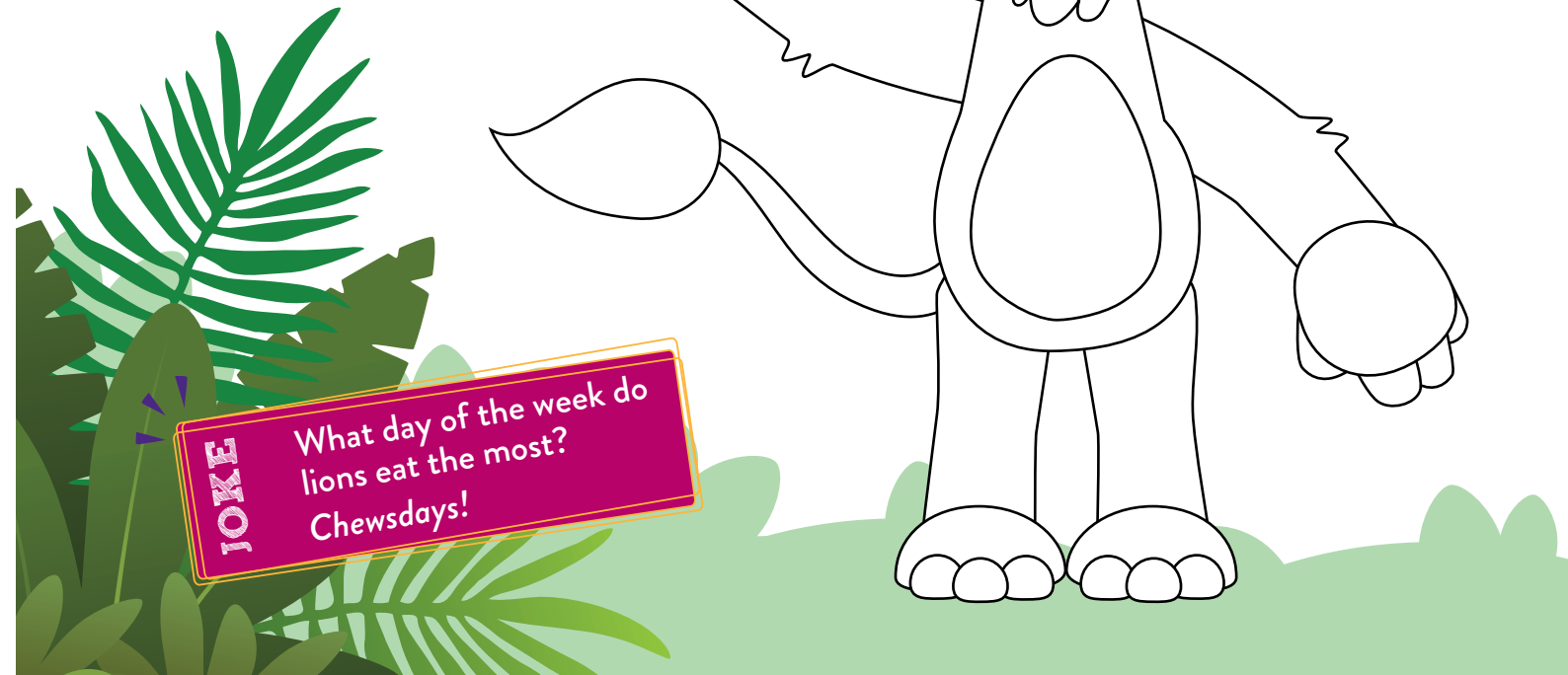


COLOUR
ME IN

FACT
Zebra foals can stand
up just 20 minutes
after being born and
run in a couple
of hours!

MISSING MANE

Oh no! Lion has lost
his mane. Draw it on
and colour him in!

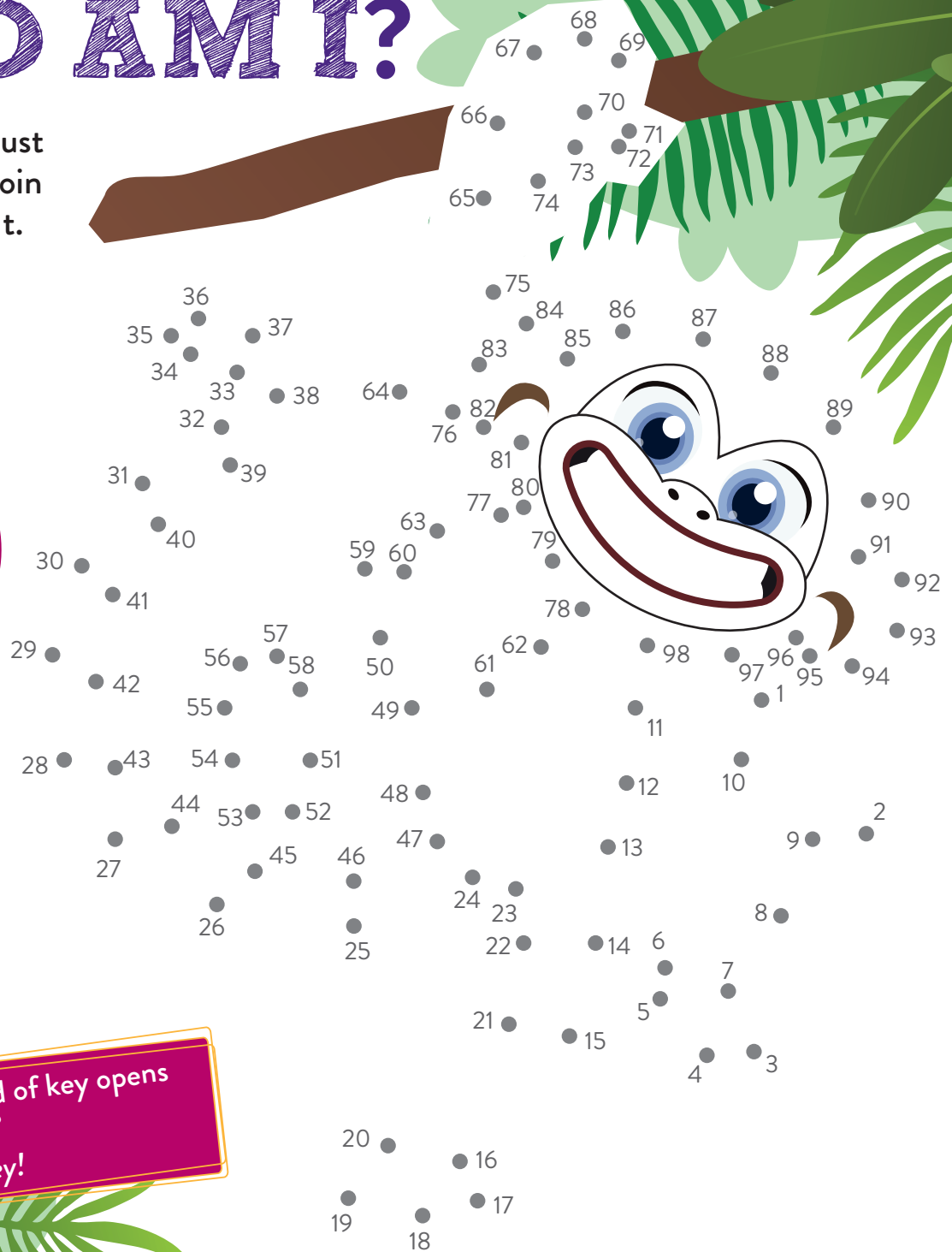


JOKE
What day of the week do
lions eat the most?
Chewsdays!

WHO AM I?

Who is this that's just hanging around? Join the dots to find out.

FACT
Monkeys have their own set of fingerprints just as humans do



JOKE
What kind of key opens a banana?
A mon-key!

FIVE FUN FACTS

JOKE
What's an elephant's favourite thing to drink?
Squash!



ELEPHANTS

1. There are two elephant species – the African and the Asian elephant.
2. Female elephants have longer pregnancies than any other mammal – 22 months.
3. Elephants touch trunks when greeting each other and never leave a herd member behind, even when in danger.
4. Elephants spend up to 18 hours a day eating and produce up to 100 kg (220 lbs) of dung!
5. Elephants use sunscreen! After a water bath, they'll throw mud/sand over themselves to protect their skin from the sun!

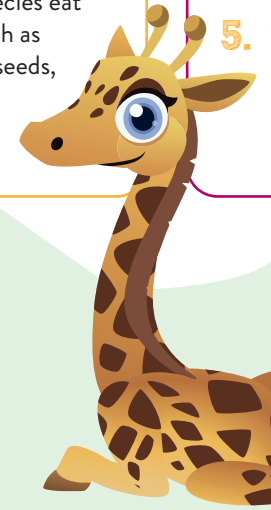
MONKEYS

1. Groups of monkeys are known as a 'troop', 'tribe' or 'mission'.
2. There are over 260 different species of monkeys in the world.
3. Monkeys express affection, show their love, and make up with one another by grooming each other.
4. Monkeys have opposable thumbs, which enables them to use tools and play games.
5. Monkeys are omnivores. Different monkey species eat a variety of foods, such as fruit, flowers, leaves, seeds, nuts, honey, eggs, insects and reptiles.

GIRAFFES

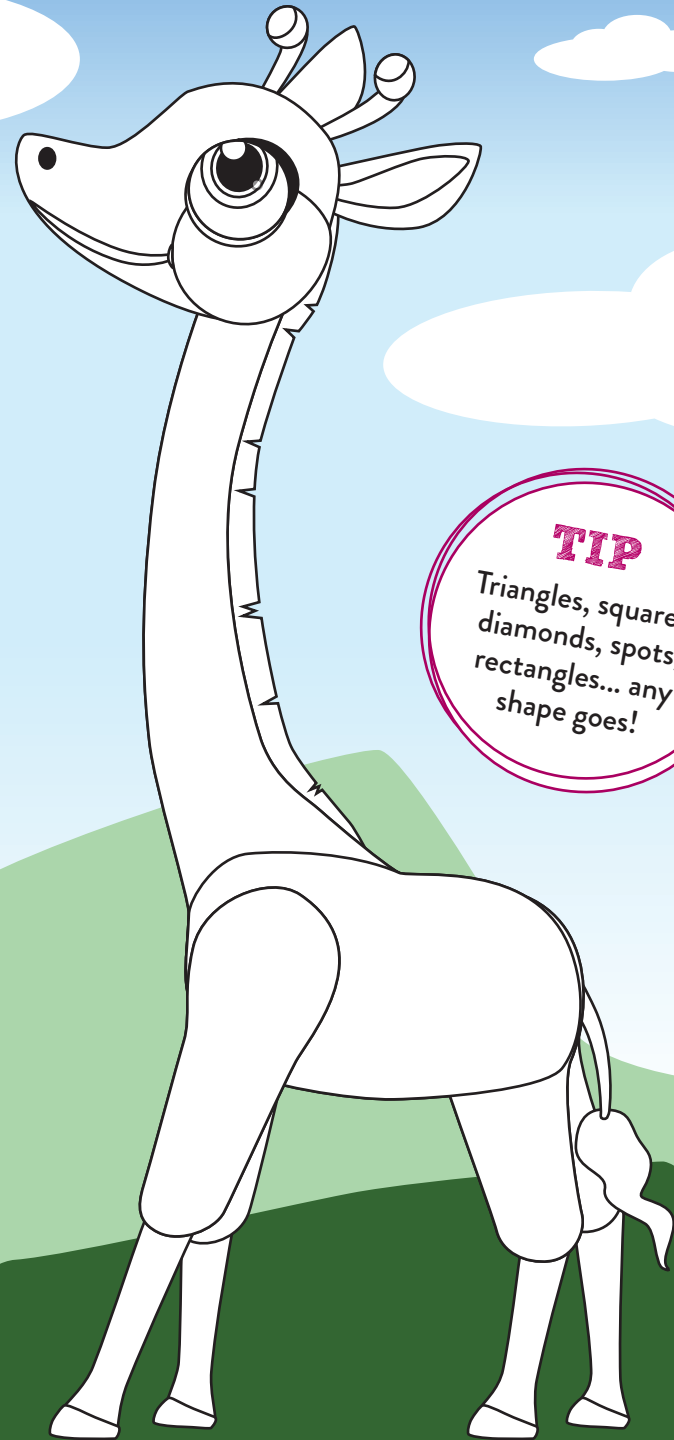
1. Baby giraffes are able to stand within half an hour of being born.
2. Giraffes have very long tongues – they can be over 50cm in length!
3. Male giraffes can grow to up to 5.5 metres tall.
4. Depending on where they live, giraffes have different markings. Some giraffes have square markings and some look like leaves.
5. They eat over 40kg of leaves and twigs every day – that's the same as two big suitcases full.

FACT
An elephants trunk has over 100,000 muscles. Amazing!



MISSING MARKS

Oh no! Giraffe has lost her markings. Can you draw them on and colour them in?



TIP
Triangles, squares, diamonds, spots, rectangles... any shape goes!

JOKE Why do giraffes have long necks?
Because their feet smell!



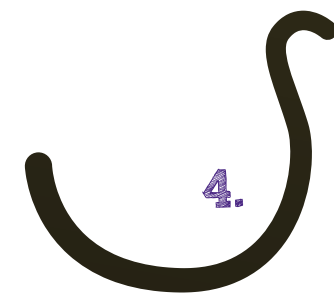
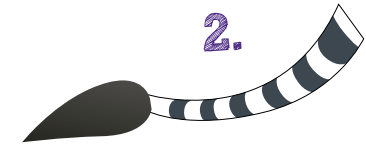
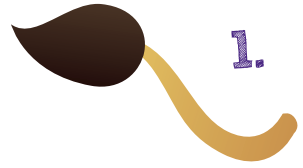
COLOUR ME IN

JOKE What do lions eat for dinner?
Roar-meat!



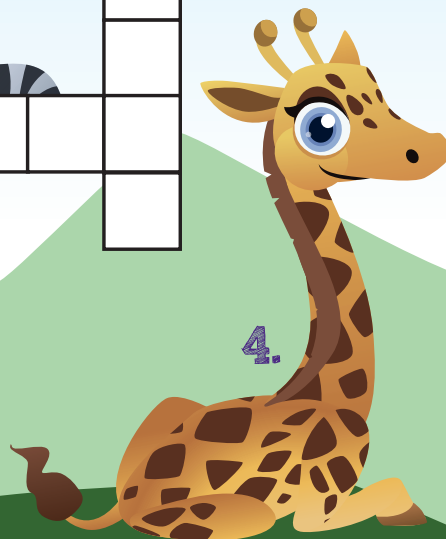
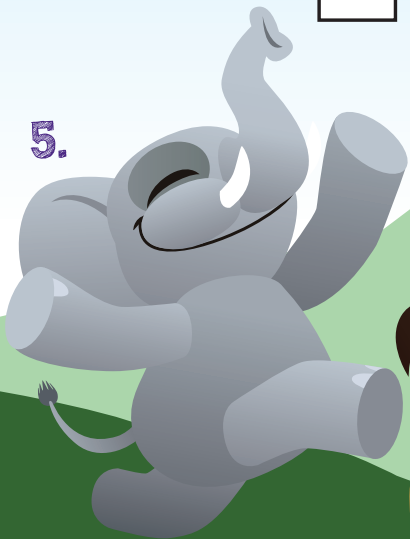
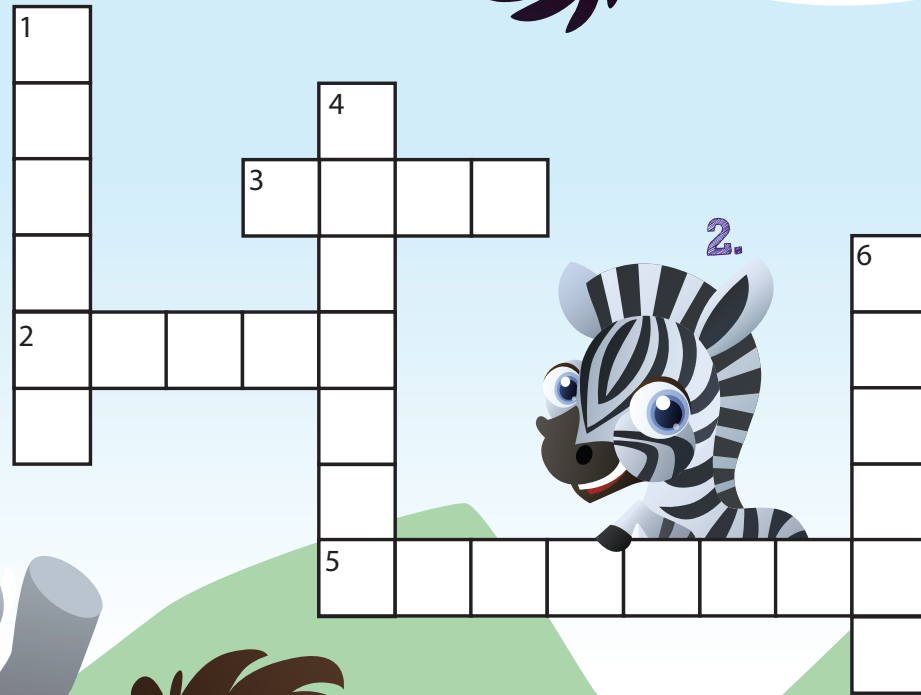
I'VE LOST MY TAIL!

Help the animals find their tails, match the tail with the animal.



ANIMAL PUZZLE

Can you fill in all the
animal names?





COLOUR
ME IN

JOKE

What do you call a monkey
with fruit in his ears?
Anything, he can't hear you!

FIVE FUN FACTS



TOUCANS

1. Toucans live in small flocks in the rainforest canopies of Central and South America.
2. Though the beak is huge, it weighs very little. It's made from keratin – the same stuff as your hair and nails.
3. The toucan's beak has a knife-like edge for gripping food. It also has a bristly tongue for tasting.
4. The toucan gets its name from the croaking sound it makes. People often think they're hearing frogs when toucans are 'talking'.
5. As part of their mating ritual, some toucans toss fruit to each other to catch in their beaks.

JOKE

What's big and grey and
keeps you dry in the rain?
An umbrellaphant!

LIONS

1. As well as African lions, there are a small number of Asiatic lions living in India.
2. African lions hunt at dawn and dusk. They prey on zebras, gnus and antelopes.
3. Lions are the only big cats to have tufty tails and manes.
4. A lion's mane has a practical use – it gives extra padding around the neck in fights.
5. Lions are the only big cats to live in social groups together.



FACT

Lion and tiger bodies are so
similar, when they're bald, only
an expert can tell them apart!

ZEBRAS

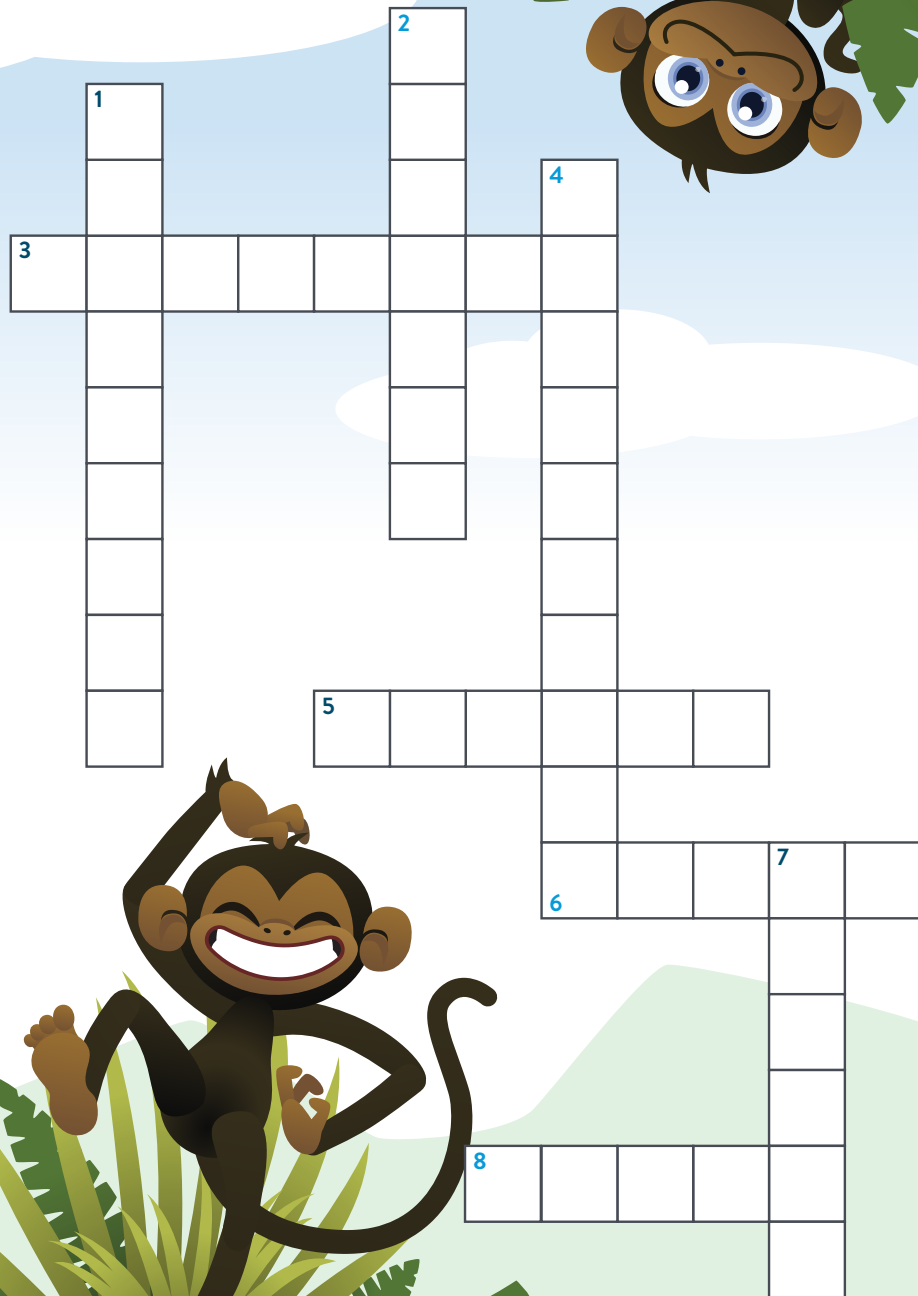
1. Zebra stripes provide camouflage when they're in tall grasses. When they are in large groups together, the stripes also confuse predators.
2. Each zebra's stripes are as unique as human fingerprints, no two are alike. A foal can recognise its mum from her stripes.
3. Zebras can run faster than a lion! They can gallop at speeds of up to 65 kmph (40 mph).
4. Every year, they migrate over 2,800 kilometres (1,800 miles) looking for grass to eat.
5. Zebra foals are born with brown and white stripes.



MONKEY'S QUIZ

Answer the questions below to fill in the grid

1. Lovely flavoured milky drink
2. This animal has a long neck for eating leaves that are high up in trees
3. Animal with big ears and a trunk
4. They are red and juicy with seeds on the outside and a type of berry
5. Very pretty and colourful bird that can repeat what you say
6. Means the same as lovely and rhymes with mummy
7. An animal that likes eating bananas and lives in trees
8. Fruit that grows on trees in an orchard and has pips as seeds



PaediaSure®



COLOUR
ME IN

FACT

Did you know the Toucan is related to the Woodpecker?

QUICK RECIPES

For even more recipes,
download our
Recipe Book using
this QR code

QR
CODE



Try freezing your PaediaSure in a lolly maker. You can even freeze it in the bottle and take it out ten minutes before eating to have it as a slushy



Add half of your PaediaSure milkshake bottle to a full fat yoghurt to make a creamy dessert



Mix the PaediaSure Plus juice with lemonade and ice on a hot summers' day



When making a jelly, make it as normal, but instead of adding cold water add PaediaSure Plus juice and then let it set. Apple juice is great with lime jelly.

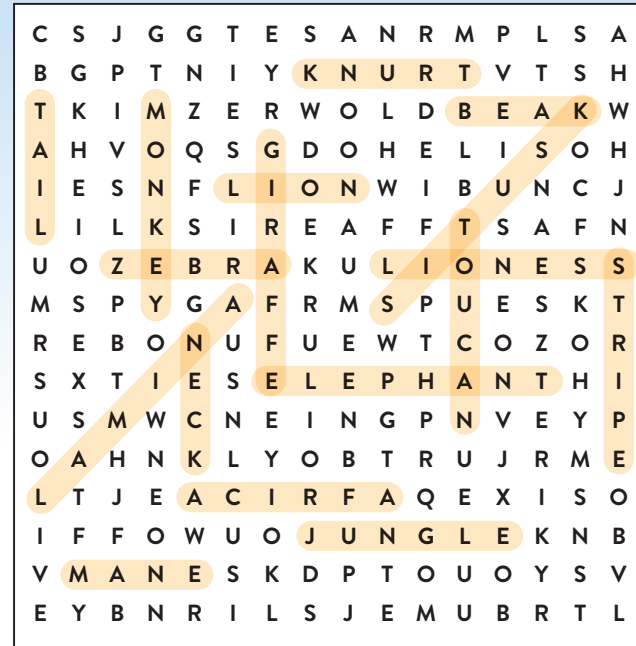


Make Angel Delight with a PaediaSure milkshake product by substituting the milk for the milkshake. Try vanilla PaediaSure with butterscotch Angel Delight.



ANSWERS *No cheating!*

Animal Word Search Answers

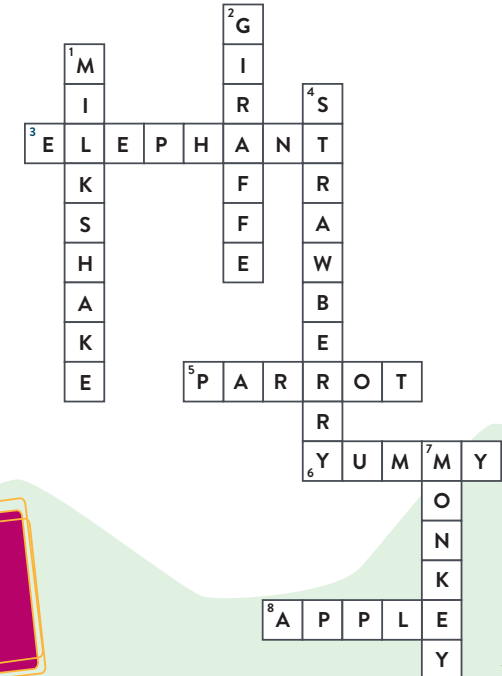


- | | | | |
|----------|--------|---------|--------|
| AFRICA | TOUCAN | JUNGLE | TRUNK |
| MONKEY | ZEBRA | TAIL | ANIMAL |
| LION | STRIPE | BEAK | |
| ELEPHANT | MANE | LIONESS | |
| GIRAFFE | TUSK | NECK | |

Animal Puzzle answers



Monkey's Quiz Answers



JOKE

Where does an elephant keep his clothes?
In his trunk!

PaediaSure®



THE PAEDIASURE RANGE

To find out more about the PaediaSure range,
visit the following Abbott website:

nutrition.abott/uk/pediatric



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*Oral Nutritional Supplement (ONS). References: 1. Based on March 2022 community prescribing data.

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