

INTRODUCING ENSURE COMPACT: BIG IMPACT. SMALL VOLUME.

COMPLETE, BALANCED NUTRITION
Ensure
COMPACT

Ensure Compact is a complete, balanced high-energy, low-volume oral nutritional supplement suitable for people:¹

- ✓ Who require tube feeding, including bolus feeding²
- ✓ With poor volume tolerance, fluid or volume restrictions
- ✓ Who are recovering from illness, injury or surgery
- ✓ With or at risk of disease-related malnutrition

How Ensure Compact can benefit NDIS participants:

- ✓ Support nutritional outcomes by increasing ONS compliance^{3,4}
- ✓ Provide convenience for feeding on-the-go

ENSURE COMPACT EASY AND CONVENIENT

Bottle and cap are recyclable¹

Easy to open, convenient size for travel or on the go



Nearly 60%
less sugar
vs competitor^{*1,5}



99%
compliance³

125 mL
per bottle¹

12.8 g
Protein per
bottle¹

2.4
kcal/mL¹

28
Vitamins &
minerals¹

Available in two flavour options: Vanilla and Coffee

*7.8 g vs 18.8 g for competitor compact product.^{1,5}

CHOOSE ENSURE COMPACT WITH
**99% COMPLIANCE AND
 NEARLY 60% LESS SUGAR
 VS COMPETITOR*^{1,3,5}**



**Ensure
 Compact¹**



**Compact
 Competitor⁵**

	Ensure Compact ¹	Compact Competitor ⁵	
HIGHER IN PROTEIN[†]	Sole source of nutrition	✓	
	2.4 kcal/mL	✓	
	125 mL	✓	
NEARLY 60% LESS SUGAR VS COMPETITOR*^{1,5}	300 kcal per bottle	✓	
	Protein per bottle	12.8 g	12.0 g
LOWER OSMOLALITY^{1,5}	Sugar per bottle	7.8 g	18.8 g
	Fat per bottle	11.7 g	11.6 g
	Carbohydrate per bottle	36 g	37.1 g
	Fibre per bottle	0 g	0 g
HIGHER COMPLIANCE^{^3,5}	Low in lactose	✓	
	Osmolality (mOsm/kgH ₂ O)	1052	1260
	Compliance	99%^{^3}	91%
	Gluten free tested	✓ [#]	✗

*Compared to Fortisip Compact (7.8 g vs 18.8 g).^{1,5}

†Compared to Fortisip Compact (12.8 g vs 12.0 g).^{1,5}

[^]Ensure Compact Compliance is based on an independent study of 25 healthy elderly subjects who consumed Ensure Compact twice daily for 7 consecutive days. Of 350 bottles, only 3 were not consumed resulting in 99% compliance.³

[#]Product has been tested to have no detectable gluten over a limit of quantification of 5 ppm.

Abbreviations: **NDIS:** National Disability Insurance Scheme; **ONS:** oral nutritional supplement.

References: **1.** Ensure[®] Compact Product Label. **2.** Ptomey LT, Wittenbrook W. *J Acad Nutr Diet.* 2015;115(4):593–608. **3.** Abbott Data on File (Ensure Compact Compliance Research). **4.** Hubbard GP, et al. *Clin Nutr* 2012;31:293–312. **5.** Fortisip Compact Product Label.

Food for Special Medical Purposes. Use under medical supervision.

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