

# INTRODUCING ENSURE COMPACT: BIG IMPACT. SMALL VOLUME.

COMPLETE, BALANCED NUTRITION  
**Ensure**  
COMPACT

Ensure Compact is a complete, balanced, high-energy, low-volume oral nutritional supplement ideal for patients who:<sup>1</sup>

- ✓ Have or are at risk of disease-related malnutrition
- ✓ Require volume or fluid restriction
- ✓ Have poor volume tolerance
- ✓ Are recovering from surgery, injury and/or illness

## ENSURE COMPACT EASY AND CONVENIENT

Bottle and cap are recyclable<sup>1</sup>

Easy to open, convenient size for travel or on the go



Nearly 60%  
less sugar  
vs competitor<sup>\*1,3</sup>



99%  
compliance<sup>2</sup>

125 mL  
per bottle<sup>1</sup>

12.8 g  
Protein per  
bottle<sup>1</sup>

2.4  
kcal/mL<sup>1</sup>

28  
Vitamins &  
minerals<sup>1</sup>

Available in two flavour options: Vanilla and Coffee

<sup>\*</sup>7.8 g vs 18.8 g for competitor compact product.<sup>1,3</sup>

CHOOSE ENSURE COMPACT WITH  
**99% COMPLIANCE AND  
 NEARLY 60% LESS SUGAR  
 VS COMPETITOR\*1-3**



**Ensure  
 Compact<sup>1</sup>**



**Compact  
 Competitor<sup>3</sup>**

	Ensure Compact <sup>1</sup>	Compact Competitor <sup>3</sup>	
<b>HIGHER IN PROTEIN<sup>†1</sup></b>	Sole source of nutrition	✓	
	2.4 kcal/mL	✓	
	125 mL	✓	
<b>NEARLY 60% LESS SUGAR VS COMPETITOR*1,3</b>	300 kcal per bottle	✓	
	<b>Protein per bottle</b>	<b>12.8 g</b>	12.0 g
<b>LOWER OSMOLALITY<sup>1,3</sup></b>	<b>Sugar per bottle</b>	<b>7.8 g</b>	18.8 g
	Fat per bottle	11.7 g	11.6 g
	Carbohydrate per bottle	36 g	37.1 g
	Fibre per bottle	0 g	0 g
<b>HIGHER COMPLIANCE<sup>^2,3</sup></b>	Low in lactose	✓	
	Osmolality (mOsm/kgH <sub>2</sub> O)	1052	1260
	<b>Compliance</b>	<b>99%<sup>^2</sup></b>	91%
	Gluten free tested	✓ <sup>#</sup>	✗

\*Compared to Fortisip Compact (7.8 g vs 18.8 g).<sup>1,3</sup>

†Compared to Fortisip Compact (12.8 g vs 12.0 g).<sup>1,3</sup>

<sup>^</sup>Ensure Compact Compliance is based on an independent study of 25 healthy elderly subjects who consumed Ensure Compact twice daily for 7 consecutive days. Of 350 bottles, only 3 were not consumed resulting in 99% compliance.<sup>3</sup>

<sup>#</sup>Product has been tested to have no detectable gluten over a limit of quantification of 5 ppm.

**Abbreviation: ONS:** oral nutritional supplement.

**References:** 1. Ensure<sup>®</sup> Compact Product Label. 2. Abbott Data on File (Ensure Compact Compliance Research). 3. Fortisip Compact Product Label.

**Food for Special Medical Purposes. Use under medical supervision.**

<sup>®</sup>Registered trademark of the Abbott Group of Companies. Abbott Australasia Pty Ltd, 299 Lane Cove Road, Macquarie Park NSW 2113. ABN 95 000 180 389. Customer Service 1800 225 311. www.abbottnutrition.com.au. ANZ.2024.46167.ENS.1 (v1.2). April 2024.

