



# RANGE CARD

2025  
JANUARY

 **Abbott**  
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RTH: Ready-to-Hang; RTD: Ready-to-Drink

# 01 ENSURE



# ENSURE TWOCAL HN



AVAILABLE IN VANILLA AND STRAWBERRY

Ensure TwoCal HN 2.0 kcal/mL is a nutritionally complete, high energy, high protein formulation for the dietary management of people with, or at risk of developing malnutrition<sup>1</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	750
Osmolarity	mOsm/litre	527
Water	mL/100 mL (mL/bottle)	70.3 (141)
Renal solute load	mOsm/litre	591

## ADDITIONAL INFORMATION

Product Presentation	200 mL Bottle Vanilla, 200 mL Bottle Strawberry
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	Vanilla flavour only
Abbott Product Code	S164.120, S166.120
DHL Product Code	2048622, 2189914
SAP Code	20038794, 20038771

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

Contains soy, milk.

Nutritional Information is for Vanilla flavour. Ingredients for Strawberry flavour may differ slightly.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	837
kcal	kcal	200
Protein	g	8.40
Fat	g	8.90
Saturated	g	1.00
Carbohydrate	g	21.00
Sugar	g	5.0
Dietary fibre, total	g	1.00
FOS	g	1.00

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	158
Vitamin D	mcg	1.7
Vitamin E	mg α-TE	3.4
Vitamin K	mcg	8.5
Vitamin C	mg	20
Folic acid	mcg	48
Thiamin (Vitamin B <sub>1</sub> )	mg	0.30
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.29
Vitamin B <sub>6</sub>	mg	0.34
Vitamin B <sub>12</sub>	mcg	0.64
Niacin	mg NE	3.4
Pantothenic acid	mg	1.6
Biotin	mcg	8.0
Choline	mg	63

## MINERALS<sup>^</sup>

Sodium	mg	80
Potassium	mg	175
Chloride	mg	115
Calcium	mg	150
Phosphorus	mg	120
Magnesium	mg	40
Iron	mg	2.1
Zinc	mg	2.4
Manganese	mg	0.55
Copper	mcg	240
Iodine	mcg	16
Selenium	mcg	9.0
Chromium	mcg	10
Molybdenum	mcg	16
Taurine	mg	16
Carnitine	mg	16

Ingredients (Vanilla flavour): Water, hydrolysed corn starch, maltodextrin, VEGETABLE OILS (high oleic sunflower oil, soy oil, canola oil), milk protein concentrate, CASEINATES (sodium caseinate, calcium caseinate), sucrose, oligofructose (FOS), MINERALS (magnesium chloride, potassium citrate, sodium citrate, potassium phosphate dibasic, magnesium sulphate, potassium hydroxide, potassium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), emulsifier (322), flavouring, choline chloride, VITAMINS (ascorbic acid, niacinamide, calcium pantothenate, Vitamin E, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, biotin, phyloquinone, Vitamin D<sub>3</sub>, cyanocobalamin), taurine, L-carnitine. May contain: calcium carbonate.

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# ENSURE PLUS STRENGTH



AVAILABLE IN COFFEE AND VANILLA

Ensure Plus Strength 1.5 kcal/mL is a high energy, high protein, balanced and nutritionally complete formulation with CaHMB, vitamin D, and calcium.<sup>3</sup> It is suitable for people recovering from illness, surgery or who are nutritionally-at-risk and experiencing muscle loss.<sup>3</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	730
Osmolarity	mOsm/litre	557
Water	mL/100mL (mL/bottle)	76.5 (168)
Renal solute load	mOsm/litre	671

## ADDITIONAL INFORMATION

Product Presentation	220 mL Bottle Coffee, 220 mL Bottle Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	Coffee flavour only
Kosher Certified	✓
Abbott Product Code	S756.121, S558.121
DHL Product Code	2288276, 2288277
SAP Code	20038841, 20038838

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

Contains soy, milk.

CaHMB: calcium β-hydroxy-β-methylbutyrate.

Nutritional Information is for Vanilla flavour. Ingredients for Coffee flavour may differ slightly.

Suitable as a supplemental source of nutrition only. It is not suitable as a sole source of nutrition.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	631
kcal	kcal	150
Protein	g	9.10
Fat	g	4.80
Saturated	g	0.45
Carbohydrate	g	16.80
Sugar	g	6.8
Dietary fibre, total	g	0.75
FOS	g	0.75
CaHMB	g	0.68
<b>VITAMINS<sup>^</sup></b>		
Vitamin A	mcg RE	120
Vitamin D	mcg	5.7
Vitamin E	mg α-TE	2.5
Vitamin K	mcg	15
Vitamin C	mg	16
Folic acid	mcg	35
Thiamin (Vitamin B <sub>1</sub> )	mg	0.26
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.32
Vitamin B <sub>6</sub>	mg	0.30
Vitamin B <sub>12</sub>	mcg	0.65
Niacin	mg NE	3.0
Pantothenic acid	mg	1.1
Biotin	mcg	6.0
Choline	mg	70
<b>MINERALS<sup>^</sup></b>		
Sodium	mg	150
Potassium	mg	270
Chloride	mg	63
Calcium	mg	227
Phosphorus	mg	118
Magnesium	mg	25
Iron	mg	2.1
Zinc	mg	1.75
Manganese	mg	0.45
Copper	mcg	245
Iodine	mcg	22
Selenium	mcg	9
Chromium	mcg	8.5
Molybdenum	mcg	15
Taurine	mg	0
Carnitine	mg	18

Ingredients (Vanilla flavour): Water, hydrolysed corn starch, sucrose, VEGETABLE OILS (canola oil, corn oil), sodium caseinate, milk protein concentrate, soy protein isolate, whey protein concentrate, MINERALS: (potassium citrate, sodium citrate, calcium phosphate tribasic, magnesium carbonate, potassium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), fructo-oligosaccharides, Ca-HMB (calcium β-hydroxy β-methylbutyrate monohydrate), flavouring, emulsifier (322), stabilisers (460, 466, 418), choline chloride, VITAMINS: (ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, beta carotene, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phyloquinone, Vitamin D3, biotin and cyanocobalamin), L-carnitine. May contain: potassium phosphate dibasic, sodium chloride.

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# ENSURE PLUS RTD



COMPLETE, BALANCED NUTRITION®  
**Ensure PLUS**

AVAILABLE IN VANILLA, CHOCOLATE, FRUITS OF THE FOREST AND BANANA

Ensure PLUS 1.5 kcal/mL is a calorically-dense, complete, balanced, low residue formula for the dietary management of people with, or at risk of developing malnutrition.<sup>4</sup> It is low FODMAP based on ingredients.

For the dietary management of individuals who require high-energy, complete, balanced nutrition:

- With or at risk of disease-related malnutrition
- Increased nutritional requirements
- Poor appetite or involuntary weight loss
- Preparing for surgery
- Recovery from surgery, injury and/or illness

## SOLUTE CONCENTRATION

<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	660
<b>Osmolarity</b>	mOsm/litre	509
<b>Water</b>	mL/100 mL (mL/bottle)	77.4 (154.9)
<b>Renal solute load</b>	mOsm/litre	468

## ALLERGEN & DIETARY INFORMATION

<b>Low Gluten</b>	✓
<b>Low Lactose</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	Vanilla, Chocolate, and Banana flavours only
<b>Allergens</b>	Contains Milk, Soy

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100g).<sup>2</sup>

^and other nutrients.

FODMAP: fermentable oligosaccharides, disaccharides, monosaccharides and polyols.

\*Product has been tested to have no detectable gluten over a limit of quantification of 5 ppm

<b>200 mL</b>	<b>1.0</b>	<b>12.5 g</b>	<b>28</b>
BOTTLE	kcal/mL	PROTEIN PER SERVE	VITAMINS & MINERALS

## INSTRUCTIONS FOR USE

Ensure® PLUS is ready to use. SHAKE WELL. Once opened, cover refrigerate and use within 24 hours.

## STORAGE INSTRUCTIONS

Store unopened at room temperature.

## IMPORTANT NOTICE

Food for Special Medical Purposes. Use under medical supervision.

Ensure® PLUS is suitable as a supplemental or sole source of nutrition. Suitable for tube feeding (Vanilla flavour preferred).

Not suitable for individuals with galactosaemia. Not intended for use in children unless recommended by a healthcare professional.

NOT FOR PARENTERAL USE.

ADDITIONAL INFO	VANILLA	CHOCOLATE	FRUITS OF THE FOREST	BANANA
<b>Abbott order code</b>	S260.121	S256.121	S264.121	S262.121
<b>Unit size (mL)</b>	200 mL	200 mL	200 mL	200 mL
<b>Units/carton</b>	30	30	30	30

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RTD: Ready-to-Drink

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# ENSURE PLUS RTD CONT.

NUTRITIONAL INFORMATION			
Servings per package: 1 Serving size: 200 mL	UNITS	QUANTITY PER SERVING	QUANTITY PER 100 mL
<b>Energy</b>	kJ	1263	632
<b>kcal</b>	kcal	300	150
<b>Protein</b>	g	12.50	6.25
<b>Fat, total</b>	g	9.84	4.92
<b>Saturated fatty acids</b>	g	0.90	0.45
<b>Carbohydrate</b>	g	40.40	20.20
<b>Sugars</b>	g	13	6.5
VITAMINS <sup>^</sup>			
<b>Vitamin A</b>	mcg RE	233	117
<b>Vitamin D3</b>	mcg	4.0	2.0
<b>Vitamin E</b>	mg α-TE	4.3	2.1
<b>Vitamin K1</b>	mcg	24	12
<b>Vitamin C</b>	mg	24	12
<b>Folic acid</b>	mcg	80	40
<b>Vitamin B1</b>	mg	0.40	0.20
<b>Vitamin B2</b>	mg	0.54	0.27
<b>Vitamin B6</b>	mg	0.54	0.27
<b>Vitamin B12</b>	mcg	1.1	0.55
<b>Niacin</b>	mg NE	5.2	2.6
<b>Pantothenic acid</b>	mg	2.2	1.1
<b>Biotin</b>	mcg	12	6.0
<b>Choline</b>	mg	110	55
MINERALS <sup>^</sup>			
<b>Sodium</b>	mg	184	92
<b>Potassium</b>	mg	320	160
<b>Chloride</b>	mg	220	110
<b>Calcium</b>	mg	240	120
<b>Phosphorus</b>	mg	200	100
<b>Magnesium</b>	mg	60	30
<b>Iron</b>	mg	4.2	2.1
<b>Zinc</b>	mg	3.6	1.8
<b>Manganese</b>	mg	1.0	0.50
<b>Copper</b>	mcg	360	180
<b>Iodine</b>	mcg	44	22
<b>Selenium</b>	mcg	17	8.3
<b>Chromium</b>	mcg	15	7.5
<b>Molybdenum</b>	mcg	32	16

<sup>^</sup>and other nutrients

**Ingredients (Vanilla flavour):** Water, maltodextrin, hydrolysed corn starch, sucrose, milk protein isolate, canola oil, CASEINATES (calcium caseinate, sodium caseinate), corn oil, MINERALS (sodium citrate, potassium citrate, magnesium chloride, potassium chloride, magnesium phosphate dibasic, calcium phosphate tribasic, potassium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), soy protein isolate, flavouring, emulsifier (322), stabiliser (460), VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, beta carotene, folic acid, phylloquinone, biotin, Vitamin D3, cyanocobalamin), stabiliser (466, 418).

May contain: Sodium chloride. Contains: Milk, soy.

Nutritional Information is for Vanilla flavour. Ingredients for other flavours may differ slightly.

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RTD: Ready-to-Drink



# ENSURE COMPACT



AVAILABLE IN VANILLA AND COFFEE

**Ensure COMPACT** is a 125 mL, ready-to-drink, high energy complete, balanced oral nutritional supplement.

For the dietary management of individuals who require high energy complete, balanced nutrition in a smaller volume:

- With or at risk of disease-related malnutrition
- Fluid or volume restriction
- Poor volume tolerance
- Recovery from surgery, injury and/or illness

SOLUTE CONCENTRATION		
<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	1052
<b>Osmolarity</b>	mOsm/litre	676
<b>Water</b>	mL/100 mL	64.3
<b>Renal solute load</b>	mOsm/litre	740

ALLERGEN & DIETARY INFORMATION	
<b>Gluten free tested</b>	✓*
<b>Low Lactose</b>	✓
<b>Vegetarian</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	✓
<b>Allergens</b>	Contains Milk, Soy

ENERGY DISTRIBUTION	
<b>Protein</b>	17.0%
<b>Carbohydrate</b>	47.9%
<b>Fat</b>	35.1%

\*Product has been tested to have no detectable gluten over a limit of quantification of 5 ppm

COMPLETE, BALANCED NUTRITION®  
**Ensure**  
COMPACT

125 mL

BOTTLE

2.4

kcal/mL

12.8 g

PROTEIN PER  
SERVE

28

VITAMINS &  
MINERALS

## INSTRUCTIONS FOR USE

1. For oral consumption, shake well before use. Best served chilled.

May also be served as a warm drink, but do not boil.

2. For tube feeding, product should be administered at room temperature.

Suitable for tube feeding. Vanilla flavour preferred.

## STORAGE INSTRUCTIONS

Store unopened at room temperature.

Once opened, cover, refrigerate and discard unused feed after 24 hours.

## IMPORTANT NOTICE

Ensure COMPACT is suitable as a supplemental or sole source of nutrition. Monitor fluid and electrolyte intake to ensure adequate hydration status.

Not suitable for individuals with galactosaemia. Not intended for use in children unless recommended by a healthcare professional.

**NOT FOR PARENTERAL USE.**

ADDITIONAL INFO	VANILLA	COFFEE
<b>Abbott order code</b>	2288308	2288307
<b>Unit size (mL)</b>	125 mL	125 mL
<b>Units/carton</b>	24	24

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# ENSURE COMPACT CONT.

NUTRITIONAL INFORMATION			
Servings per package: 1 Serving size: 200 mL	UNITS	QUANTITY PER SERVING	QUANTITY PER 100 mL
<b>Energy</b>	kJ	1261	1008
<b>kcal</b>	kcal	300	240
<b>Protein</b>	g	12.75	10.20
<b>Fat, total</b>	g	11.69	9.35
<b>Saturated fatty acids</b>	g	1.0	0.80
<b>Carbohydrate</b>	g	35.96	28.77
<b>Sugars</b>	g	7.8	6.2
VITAMINS <sup>^</sup>			
<b>Vitamin A</b>	mcg RE	194	155
<b>Vitamin D3</b>	mcg	3.8	3.0
<b>Vitamin E</b>	mg α-TE	5.9	4.7
<b>Vitamin K1</b>	mcg	26	21
<b>Vitamin C</b>	mg	26	21
<b>Folic acid</b>	mcg	60	48
<b>Vitamin B1</b>	mg	0.44	0.35
<b>Vitamin B2</b>	mg	0.59	0.47
<b>Vitamin B6</b>	mg	0.59	0.47
<b>Vitamin B12</b>	mcg	1.2	0.97
<b>Niacin</b>	mg NE	5.5	4.4
<b>Pantothenic acid</b>	mg	1.9	1.5
<b>Biotin</b>	mcg	9.4	7.5
<b>Choline</b>	mg	121	97
MINERALS <sup>^</sup>			
<b>Sodium</b>	mg	181	145
<b>Potassium</b>	mg	269	215
<b>Chloride</b>	mg	181	145
<b>Calcium</b>	mg	213	170
<b>Phosphorus</b>	mg	213	170
<b>Magnesium</b>	mg	25	20
<b>Iron</b>	mg	4.3	3.4
<b>Zinc</b>	mg	3.6	2.9
<b>Manganese</b>	mg	0.75	0.60
<b>Copper</b>	mcg	400	320
<b>Iodine</b>	mcg	48	38.4
<b>Selenium</b>	mcg	15	12
<b>Chromium</b>	mcg	13	10
<b>Molybdenum</b>	mcg	25	20

<sup>^</sup>and other nutrients

**Ingredients (Vanilla flavour):** Water, hydrolysed corn starch, milk protein concentrate, VEGETABLE OIL (canola oil, high oleic sunflower oil, corn oil), sucrose, hydrolysed sodium caseinate, MINERALS (potassium chloride, calcium citrate, magnesium phosphate dibasic, ferrous sulphate, potassium citrate, zinc sulphate, manganese sulphate, cupric sulphate, potassium iodide, sodium molybdate, chromium chloride, sodium selenate), EMULSIFIER (322), flavouring, VITAMINS (choline chloride, ascorbic acid, Vitamin E, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), STABILISERS (460, 466).

May contain: Citric acid, sodium chloride, calcium phosphate tribasic and sodium sulphate.

Nutritional Information is for Vanilla flavour. Ingredients for other flavours may differ slightly.

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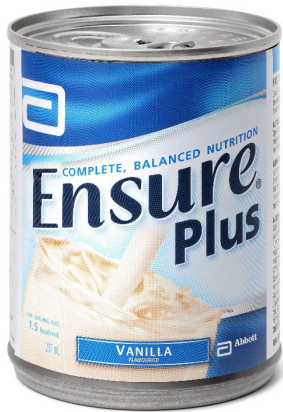
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# ENSURE PLUS CAN



AVAILABLE IN VANILLA

Ensure Plus Can 1.5 kcal/mL is a complete and balanced nutritional supplement for the dietary management of people with, or at risk of developing disease-related malnutrition.<sup>5</sup> It is low residue and low FODMAP based on ingredients.<sup>5</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	680
Osmolarity	mOsm/litre	525
Water	mL/100 mL (mL/can)	75.9 (180)
Renal solute load	mOsm/litre	458

## ADDITIONAL INFORMATION

Product Presentation	237 mL Can Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	51716.126
DHL Product Code	1053929
SAP Code	51716

\*By FSANZ definition low gluten (< 20 mg per 100 g) and low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

FODMAP: fermentable oligosaccharides, disaccharides, monosaccharides and polyols.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	627
kcal	kcal	150
Protein	g	5.50
Fat	g	4.81
Saturated	g	0.42
Carbohydrate	g	21.1
Sugar	g	4.2
Dietary fibre, total	g	0
FOS	g	0

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	158
Vitamin D	mcg	1.05
Vitamin E	mg α-TE	2.1
Vitamin K	mcg	8.4
Vitamin C	mg	13
Folic acid	mcg	42
Thiamin (Vitamin B <sub>1</sub> )	mg	0.16
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18
Vitamin B <sub>6</sub>	mg	0.21
Vitamin B <sub>12</sub>	mcg	0.63
Niacin	mg NE	2.1
Pantothenic acid	mg	1.1
Biotin	mcg	32
Choline	mg	42.2

## MINERALS<sup>^</sup>

Sodium	mg	101
Potassium	mg	186
Chloride	mg	190
Calcium	mg	84
Phosphorus	mg	84
Magnesium	mg	42.2
Iron	mg	1.9
Zinc	mg	1.6
Manganese	mg	0.55
Copper	mcg	210
Iodine	mcg	16
Selenium	mcg	7.6
Chromium	mcg	13
Molybdenum	mcg	16
Taurine	mg	0
Carnitine	mg	0

**Ingredients:** Water, corn syrup, maltodextrin (corn), sodium and calcium caseinates, sugar (sucrose), canola oil, corn oil, high oleic safflower oil, soy protein isolate, magnesium chloride, potassium citrate, calcium phosphate tribasic, emulsifier (322), flavours, potassium chloride, sodium citrate, magnesium phosphate dibasic, choline chloride, ascorbic acid, stabiliser (407), alpha-tocopheryl acetate, ferrous sulphate, zinc sulphate, niacinamide, calcium pantothenate, manganese sulphate, cupric sulphate, Vitamin A palmitate, thiamin chloride hydrochloride, pyridoxine hydrochloride, riboflavin, folic acid, chromium chloride, biotin, sodium molybdate, sodium selenate, potassium iodide, phylloquinone, Vitamin D3 and cyanocobalamin.

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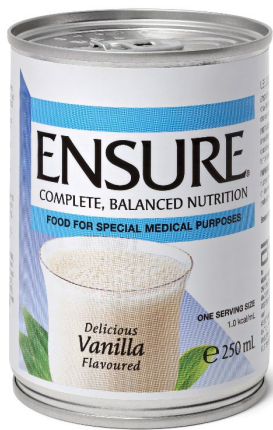
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# ENSURE LIQUID



AVAILABLE IN VANILLA

Ensure Liquid 1.0 kcal/mL is a complete and balanced nutritional supplement drink for the dietary management of people with, or at risk of developing disease related malnutrition.<sup>6</sup> It is low residue and low FODMAP based on ingredients.<sup>6</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	590
Osmolarity	mOsm/litre	493
Water	mL/100 mL (mL/can)	84 (210)
Renal solute load	mOsm/litre	324

ADDITIONAL INFORMATION	
Product Presentation	250 mL Can Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	P514.12501
DHL Product Code	1773398
SAP Code	20038753

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

FODMAP: fermentable oligosaccharides, disaccharides, monosaccharides and polyols.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	448
kcal	kcal	106
Protein	g	3.70
Fat	g	2.6
Saturated	g	0.26
Carbohydrate	g	17.0
Sugar	g	5.78
Dietary fibre, total	g	0
FOS	g	0
VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	158
Vitamin D	mcg	1.05
Vitamin E	mg α-TE	2.1
Vitamin K	mcg	8.0
Vitamin C	mg	13
Folic acid	mcg	42
Thiamin (Vitamin B <sub>1</sub> )	mg	0.16
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18
Vitamin B <sub>6</sub>	mg	0.21
Vitamin B <sub>12</sub>	mcg	0.60
Niacin	mg NE	2.1
Pantothenic acid	mg	1.1
Biotin	mcg	32
Choline	mg	42
MINERALS <sup>^</sup>		
Sodium	mg	84
Potassium	mg	156
Chloride	mg	131
Calcium	mg	127
Phosphorus	mg	127
Magnesium	mg	42
Iron	mg	1.9
Zinc	mg	1.6
Manganese	mg	0.50
Copper	mcg	210
Iodine	mcg	16
Selenium	mcg	8.0
Chromium	mcg	13
Molybdenum	mcg	16
Taurine	mg	0
Carnitine	mg	0

**Ingredients:** Water, maltodextrin, hydrolysed corn starch, sucrose, sodium and calcium caseinates, MINERALS (calcium phosphate tribasic, magnesium phosphate dibasic, potassium chloride, sodium citrate, potassium citrate, magnesium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, chromium chloride, sodium molybdate, sodium selenate, potassium iodide), canola oil, high oleic sunflower oil, soy protein isolate, whey protein concentrate, corn oil, flavouring, emulsifier (322), VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, Vitamin A palmitate, pyridoxinehydrochloride, thiaminhydrochloride, riboflavin, folic acid, biotin, phyloquinone, VitaminD3, cyanocobalamin), stabiliser (407). May contain: potassium phosphate dibasic, magnesium sulphate and sodium chloride.

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# ENSURE POWDER



# Ensure®

850 g

TIN

1.0

kcal/mL

8.5 g

PROTEIN PER  
230 mL SERVE

28

VITAMINS &  
MINERALS

AVAILABLE IN VANILLA AND CHOCOLATE

**Ensure Powder 1.0 kcal/mL** is a nutritionally complete and balanced powdered milkshake style supplement, scientifically formulated to help maintain strength and health.<sup>7</sup>

FOR THE DIETARY MANAGEMENT OF INDIVIDUALS WHO REQUIRE:

- To maintain good nutrition
- If you have increased nutritional requirements
- During illness or recovery from illness
- If you have poor appetite or involuntary weight loss
- When preparing for surgery, or post-surgery

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	485
Osmolarity	mOsm/litre	411
Renal solute load	mOsm/litre	318

ALLERGEN & DIETARY INFORMATION	
Low Gluten	✓
Low Lactose*	✓
Vegetarian	✓
Halal Certified	✓
Kosher Certified	✓
Allergens	Contains Milk, Soy

ENERGY DISTRIBUTION	
Protein	14.86
Carbohydrate	53.67
Fat	29.46

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

## INSTRUCTIONS FOR USE

For a standard serving of 230 mL, combine 6 level scoops (approximately 53.8 g) of powder with 195 mL of cold water and stir well.

Suggested use:

- Twice a day or as recommended by your healthcare professional.
- Use with or between meals, or to replace a meal
- Ensure can be added to meals to help meet daily nutrient requirements

Ensure is also available in other flavours and ready-to-drink formats.

## STORAGE INSTRUCTIONS

Store unopened can at room temperature. Once opened, use lid to keep Ensure tightly covered and store in a cool, dry place at room temperature. Use within 3 weeks of opening. Once mixed, Ensure should be covered, refrigerated, and used within 24 hours.

## IMPORTANT NOTICE

Ensure is suitable as a sole source of nutrition or as a supplement. Not for use in galactosaemia. Not intended for use in children unless recommended by a physician or other qualified healthcare professional. Ensure has increased levels of zinc compared to standard feeds. NOT FOR PARENTERAL USE.

ADDITIONAL INFO	VANILLA	CHOCOLATE
Abbott order code	2288310	2211178
Unit size (mL)	850 g	850 g
Units/carton	6 units/ carton	6 units/carton

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Abbott

# ENSURE POWDER CONT.

NUTRITIONAL INFORMATION			
		AVERAGE PER 100 ML	QUANTITY PER 230 ML
Energy	kJ	420	967
kcal	kcal	100	230
Protein	g	3.72	8.55
Fat	g	3.27	7.53
of which saturates	g	0.37	0.86
Carbohydrate	g	13.42	30.87
of which sugars	g	4.68	10.76
Fibre	g	1.01	2.31
of which FOS	g	1.01	2.31
VITAMINS <sup>^</sup>			
Vitamin A	mcg RE	109.7	109.7
Vitamin D3	mcg	1.12	2.58
Vitamin E	mg α-TE	1.8	4.2
Vitamin K1	mcg	7.7	17.8
Vitamin C	mg	12.6	29.1
Folic acid	mcg	30	70
Thiamin (Vitamin B1)	mg	0.19	0.43
Riboflavin (Vitamin B2)	mg	0.19	0.43
Vitamin B6	mg	0.23	0.54
Vitamin B12	mcg	0.35	0.81
Niacin	mg NE	1.17	2.69
Pantothenic acid	mg	0.98	2.26
Biotin	mcg	4	9.7
Choline	mg	32	73
Inositol	mg	0	0

MINERALS <sup>^</sup>			
		AVERAGE PER 100 ML	QUANTITY PER 230 ML
Sodium	mg	84	194
Potassium	mg	157	360
Chloride	mg	105	242
Calcium	mg	105	242
Phosphorus	mg	55	127
Magnesium	mg	18	40
Iron	mg	0.94	2.15
Zinc	mg	1.1	2.53
Manganese	mg	0.33	0.75
Copper	mcg	67	153
Iodine	mcg	15	34.4
Selenium	mcg	5.1	11.8
Chromium	mcg	5.4	12.4
Molybdenum	mcg	9.8	22.6
Taurine	mg	0	0
L-carnitine	mg	0	0
Fluoride	mg	0	0
Osmolality	mOsm/kg H2O	485	1115.5
Osmolarity	mOsm/litre	411	945.3
Water	mL/100mL (mL/bottle)	N/A	N/A
Renal solute load	mg	318	731.4

<sup>^</sup>and other nutrients

**Ingredients: (Vanilla flavour):** Hydrolysed corn starch, maltodextrin, sucrose, VEGETABLE OILS (high oleic sunflower oil, soy oil, canola oil), milk protein concentrate, oligofructose (FOS), soy protein isolate, MINERALS (sodium citrate, potassium citrate, magnesium chloride, potassium chloride, calcium carbonate, tricalcium phosphate, zinc sulphate, ferrous sulphate, manganese sulphate, cupric sulphate, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), flavouring, VITAMINS (choline chloride, ascorbic acid, calcium pantothenate, Vitamin E, niacinamide, pyridoxine hydrochloride, riboflavin, Vitamin A palmitate, thiamin hydrochloride, beta carotene, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), antioxidant (304, 307b). May contain: dipotassium phosphate.

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# ENSURE NEUTRAL



# Ensure®

850 g

TIN

1.0

kcal/mL

8.3 g

PROTEIN PER  
237 mL SERVE

28

VITAMINS &  
MINERALS

**Ensure Neutral 1.0 kcal/mL** is a nutritionally complete and balanced neutral-tasting powdered milkshake-style supplement, scientifically formulated to help maintain strength and health.<sup>8</sup> It is low residue and low FODMAP based on ingredients and can be used to fortify sweet and savoury ingredients.

FOR THE DIETARY MANAGEMENT OF INDIVIDUALS WHO REQUIRE:

- To maintain good nutrition
- If you have increased nutritional requirements
- During illness or recovery from illness
- If you have poor appetite or involuntary weight loss
- When preparing for surgery, or post-surgery

#### SOLUTE CONCENTRATION

<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	493
<b>Osmolarity</b>	mOsm/litre	412
<b>Water</b>	mL/100 mL	N/A
<b>Renal solute load</b>	mOsm/litre	232

#### ALLERGEN & DIETARY INFORMATION

<b>Low Gluten</b>	✓
<b>Low Lactose*</b>	✓
<b>Vegetarian</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	✓
<b>Allergens</b>	Contains Milk, Soy

#### ENERGY DISTRIBUTION

<b>Protein</b>	14.86
<b>Carbohydrate</b>	53.67
<b>Fat</b>	29.46

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

#### INSTRUCTIONS FOR USE

For a standard serving of 237 mL, combine 6 level scoops (approximately 51.3 g) of powder with 200 mL of cold water and stir well.

Suggested use:

- Twice a day or as recommended by your healthcare professional
- Use with or between meals, or to replace a meal
- Ensure® can be added to meals to help meet daily nutrient requirements

#### STORAGE INSTRUCTIONS

Store unopened can at room temperature. Once opened, use lid to keep Ensure tightly covered and store in a cool, dry place at room temperature. Use within 3 weeks of opening. Once mixed, Ensure® should be covered, refrigerated, and used within 24 hours.

#### IMPORTANT NOTICE

Ensure® is suitable as a sole source of nutrition or as a supplement. Not for use in galactosaemia. Not intended for use in children unless recommended by a physician or other qualified healthcare professional. Ensure® Neutral contains decreased levels of Vitamin K compared to standard feeds.

NOT FOR PARENTERAL USE.

ADDITIONAL INFO	NEUTRAL
<b>Abbott order code</b>	2288282
<b>Unit size (mL)</b>	850 g
<b>Units/carton</b>	6 units/carton

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# ENSURE NEUTRAL CONT.

NUTRITIONAL INFORMATION			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
<b>Energy</b>	kJ	418	991
<b>kcal</b>	kcal	100	237
<b>Protein</b>	g	3.50	8.3
<b>Fat</b>	g	3.43	8.13
<b>of which saturates</b>	g	0.42	1
<b>Carbohydrate</b>	g	13.79	32.67
<b>of which sugars</b>	g	5.08	12.04
<b>Fibre</b>	g	0	0
<b>of which FOS</b>	g	0	0
VITAMINS <sup>^</sup>			
<b>Vitamin A</b>	mcg RE	76	180
<b>Vitamin D3</b>	mcg	0.63	1.49
<b>Vitamin E</b>	mg α-TE	1.4	3.3
<b>Vitamin K1</b>	mcg	4.4	10.4
<b>Vitamin C</b>	mg	10.4	24.6
<b>Folic acid</b>	mcg	21	50
<b>Thiamin (Vitamin B1)</b>	mg	0.16	0.38
<b>Riboflavin (Vitamin B2)</b>	mg	0.18	0.43
<b>Vitamin B6</b>	mg	0.22	0.52
<b>Vitamin B12</b>	mcg	0.27	0.64
<b>Niacin</b>	mg NE	1.3	3.1
<b>Pantothenic acid</b>	mg	0.7	1.7
<b>Biotin</b>	mcg	3.7	8.8
<b>Choline</b>	mg	30	71
<b>Inositol</b>	mg	0	0

MINERALS <sup>^</sup>			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
<b>Sodium</b>		67	159
<b>Potassium</b>		132	313
<b>Chloride</b>		102	242
<b>Calcium</b>		50	119
<b>Phosphorus</b>		47	111
<b>Magnesium</b>		13.5	32.0
<b>Iron</b>		0.90	2.1
<b>Zinc</b>		0.88	2.08
<b>Manganese</b>		0.22	0.52
<b>Copper</b>		117	277
<b>Iodine</b>		8.3	19.6
<b>Selenium</b>		4.5	10.7
<b>Chromium</b>		4.5	10.7
<b>Molybdenum</b>		8.5	20.2
<b>Taurine</b>		0	0
<b>L-carnitine</b>		0	0
<b>Fluoride</b>		0	0
<b>Osmolality</b>			1115.5
<b>Osmolarity</b>			945.3
<b>Water</b>			N/A
<b>Renal solute load</b>			731.4

<sup>^</sup>and other nutrients

**Ingredients:** Maltodextrin, sucrose, corn oil, calcium caseinate, MINERALS (potassium citrate, magnesium sulphate, sodium chloride, potassium phosphate dibasic, potassium chloride, sodium phosphate dibasic, sodium citrate, calcium phosphate tribasic, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, chromium chloride, sodium molybdate, potassium iodide and sodium selenite), soy protein isolate, VITAMINS (choline chloride, sodium ascorbate, Vitamin E, ascorbyl palmitate, mixed tocopherols, Vitamin A acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, Vitamin D3, thiamin hydrochloride, riboflavin, beta carotene, folic acid, Vitamin K1, biotin, Vitamin B12). Contains: Milk, Soy.

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# 02 TUBE FEEDS



# JEVITY CAN



Jevity Can 1.06 kcal/mL is an isotonic tube feed enriched with fibre. It provides complete, balanced nutrition for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>9</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	300
Osmolarity	mOsm/litre	250
Water	mL/100 mL (mL/can)	83 (197)
Renal solute load	mOsm/litre	370

## ADDITIONAL INFORMATION

Product Presentation	237 mL Can Unflavoured
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	143.12602
DHL Product Code	2113206
SAP Code	14339

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	442
kcal	kcal	106
Protein	g	4.42
Fat	g	3.46
Saturated	g	0.86
Carbohydrate	g	15.4
Sugar	g	0.76
Dietary fibre, total	g	1.43
FOS	g	0
<b>VITAMINS<sup>^</sup></b>		
Vitamin A	mcg RE	114
Vitamin D	mcg	0.78
Vitamin E	mg α-TE	2.3
Vitamin K	mcg	6.1
Vitamin C	mg	23.3
Folic acid	mcg	45
Thiamin (Vitamin B <sub>1</sub> )	mg	0.17
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20
Vitamin B <sub>6</sub>	mg	0.23
Vitamin B <sub>12</sub>	mcg	0.69
Niacin	mg NE	2.3
Pantothenic acid	mg	1.3
Biotin	mcg	34.9
Choline	mg	45.5
<b>MINERALS<sup>^</sup></b>		
Sodium	mg	93
Potassium	mg	158
Chloride	mg	131
Calcium	mg	91
Phosphorus	mg	76
Magnesium	mg	31
Iron	mg	1.5
Zinc	mg	1.8
Manganese	mg	0.38
Copper	mcg	160
Iodine	mcg	11.6
Selenium	mcg	5.4
Chromium	mcg	9.1
Molybdenum	mcg	11.6
Taurine	mg	11.6
Carnitine	mg	11.6

**Ingredients:** Water, maltodextrin (corn), sodium and calcium caseinates, corn syrup solids, soy fibre, high-oleic safflower oil, canola oil, medium chain triglycerides (MCT) oil, calcium phosphate tribasic, potassium citrate, magnesium chloride, emulsifier (322), sodium citrate, choline chloride, magnesium sulphate, ascorbic acid, potassium chloride, taurine, l-carnitine, zinc sulphate, alpha-tocopheryl acetate, ferrous sulphate, niacinamide, calcium pantothenate, manganese sulphate, cupric sulphate, thiamin chloride hydrochloride, pyridoxine hydrochloride, riboflavin, Vitamin A palmitate, folic acid, biotin, chromium chloride, sodium molybdate, potassium iodine, sodium selenate, phyloquinone, cyanocobalamin, Vitamin D3.

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# JEVITY RTH



**Jevity RTH 1.05 kcal/mL** is a balanced and nutritionally complete tube feed with fibre and FOS for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>10</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	300
Osmolarity	mOsm/litre	249
Water	mL/100 mL (mL/can)	83.3
Renal solute load	mOsm/litre	346

ADDITIONAL INFORMATION	
Product Presentation	1000 mL Ready-to-Hang Unflavoured
Gluten Free	— <sup>†</sup>
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	M355.15401
DHL Product Code	2113113
SAP Code	20038786

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk, oat, wheat.

FOS: fructo-oligosaccharides.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	442
kcal	kcal	105
Protein	g	4.00
Fat	g	3.47
Saturated	g	0.94
Carbohydrate	g	14.05
Sugar	g	0.25
Dietary fibre, total	g	1.76
FOS	g	0.7

VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	51
Vitamin D	mcg	0.75
Vitamin E	mg α-TE	2.3
Vitamin K	mcg	6.2
Vitamin C	mg	10
Folic acid	mcg	27
Thiamin (Vitamin B <sub>1</sub> )	mg	0.17
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20
Vitamin B <sub>6</sub>	mg	0.23
Vitamin B <sub>12</sub>	mcg	0.39
Niacin	mg NE	1.8
Pantothenic acid	mg	0.93
Biotin	mcg	5.0
Choline	mg	46

MINERALS <sup>^</sup>		
Sodium	mg	93
Potassium	mg	157
Chloride	mg	131
Calcium	mg	92
Phosphorus	mg	72
Magnesium	mg	22
Iron	mg	1.4
Zinc	mg	1.1
Manganese	mg	0.35
Copper	mcg	150
Iodine	mcg	13
Selenium	mcg	5.3
Chromium	mcg	6.8
Molybdenum	mcg	11
Taurine	mg	10
Carnitine	mg	8.4
Flouride	mg	0.13

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, high oleic sunflower oil, canola oil, MINERALS (potassium citrate, calcium phosphate tribasic, magnesium chloride, potassium chloride, sodium citrate, magnesium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium fluoride, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), fructo-oligosaccharides, corn oil, medium chain triglycerides (MCT) oil, oat fibre, soy polysaccharide, gum arabic, emulsifier (472e), carboxy methyl cellulose, VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, beta carotene, Vitamin A palmitate, Vitamin D3, folic acid, phyloquinone, biotin, cyanocobalamin), taurine, l-carnitine, stabiliser (418). May contain: sodium chloride, magnesium sulphate.

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RTH: Ready-to-Hang;



# JEVITY PLUS



Jevity Plus 1.2 kcal/mL is a balanced and nutritionally complete tube feed with fibre and FOS for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>11</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	449
Osmolarity	mOsm/litre	361
Water	mL/100mL (mL/can)	80.7
Renal solute load	mOsm/litre	453

## ADDITIONAL INFORMATION

Product Presentation	1000 mL Ready-to-Hang Unflavoured
Gluten Free	— <sup>†</sup>
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	M635.15401
DHL Product Code	2113120
SAP Code	20038822

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk, oat, wheat.

FOS: fructo-oligosaccharides.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	506
kcal	kcal	120
Protein	g	5.55
Fat	g	3.93
Saturated	g	0.95
Carbohydrate	g	15.07
Sugar	g	0.75
Dietary fibre, total	g	2.2
FOS	g	1.0

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	84
Vitamin D	mcg	1.0
Vitamin E	mg α-TE	2.4
Vitamin K	mcg	8.0
Vitamin C	mg	12
Folic acid	mcg	30
Thiamin (Vitamin B <sub>1</sub> )	mg	0.19
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.21
Vitamin B <sub>6</sub>	mg	0.26
Vitamin B <sub>12</sub>	mcg	0.35
Niacin	mg NE	2.2
Pantothenic acid	mg	1.0
Biotin	mcg	5.2
Choline	mg	60

## MINERALS<sup>^</sup>

Sodium	mg	108
Potassium	mg	185
Chloride	mg	150
Calcium	mg	80
Phosphorus	mg	80
Magnesium	mg	24
Iron	mg	1.8
Zinc	mg	1.4
Manganese	mg	0.42
Copper	mcg	200
Iodine	mcg	15
Selenium	mcg	7.5
Chromium	mcg	8.0
Molybdenum	mcg	13
Taurine	mg	15
Carnitine	mg	9.6

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, soy protein isolate, high oleic sunflower oil, canola oil, fructo-oligosaccharide, MINERALS (potassium chloride, sodium citrate, potassium citrate, magnesium phosphate dibasic, calcium carbonate, calcium phosphate tribasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, potassium iodide, sodium selenate), corn oil, medium chain triglycerides (MCT) oil, soy polysaccharide, oatfibre, gumarabic, carboxymethylcellulose, emulsifier (322), VITAMINS (cholinechloride, ascorbicacid, dl-alphatocopheryllacetate, niacinamide, calciumpantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, beta carotene, Vitamin D3, folic acid, phyloquinone, biotin, cyanocobalamin), taurine, l-carnitine. May contain: sodium chloride, magnesium chloride, potassium phosphate dibasic, magnesium sulphate.

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# JEVITY HiCAL (RTH & CAN)



Jevity HiCal 1.5 kcal/mL is a high energy complete, balanced tube feed with fibre and FOS for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>12, 13</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	524
Osmolarity	mOsm/litre	397
Water	mL/100mL (mL/can)	76
Renal solute load	mOsm/litre	508

ADDITIONAL INFORMATION	
Product Presentation	1000 mL Ready-to-Hang Unflavoured, 250 mL Can Unflavoured
Gluten Free	— <sup>†</sup>
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	P340.15401, P340.12501
DHL Product Code	2113106, 2113082
SAP Code	20038791, 20038826

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk, oat, wheat.

FOS: fructo-oligosaccharides.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	640
kcal	kcal	152
Protein	g	6.38
Fat	g	4.9
Saturated	g	1.15
Carbohydrate	g	20.1
Sugar	g	1.3
Dietary fibre, total	g	2.2
FOS	g	1.0
VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	159.5
Vitamin D	mcg	1.0
Vitamin E	mg α-TE	2.6
Vitamin K	mcg	8
Vitamin C	mg	13
Folic acid	mcg	40
Thiamin (Vitamin B <sub>1</sub> )	mg	0.26
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.34
Vitamin B <sub>6</sub>	mg	0.39
Vitamin B <sub>12</sub>	mcg	0.4
Niacin	mg NE	2.9
Pantothenic acid	mg	1.3
Biotin	mcg	7.2
Choline	mg	60
MINERALS <sup>^</sup>		
Sodium	mg	140
Potassium	mg	165
Chloride	mg	145
Calcium	mg	100
Phosphorus	mg	100
Magnesium	mg	31
Iron	mg	2.2
Zinc	mg	1.9
Manganese	mg	0.5
Copper	mcg	250
Iodine	mcg	15
Selenium	mcg	7.6
Chromium	mcg	10
Molybdenum	mcg	15
Taurine	mg	15
Carnitine	mg	12

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, high oleic sunflower oil, canola oil, soy protein isolate, fructo-oligosaccharides, MINERALS (potassium citrate, calcium phosphate tribasic, sodium citrate, magnesium chloride, magnesium phosphate dibasic, potassium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), medium chain triglycerides (MCT) oil, oatfibre, soy polysaccharide, gum arabic, emulsifier(322), VITAMINS(cholinechloride, ascorbic acid, dl-alpha-tocopherylacetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, beta carotene, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), carboxymethyl cellulose, taurine, l-carnitine. May contain: sodium chloride, magnesium sulphate, potassium phosphate dibasic.

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RTH: Ready-to-Hang; RTD: Ready-to-Drink



# JEVITY PROMOTE



Jevity Promote 1.0 kcal/mL is a high protein, nutritionally complete and balanced tube feed with fibre and FOS for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>14</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	425
Osmolarity	mOsm/litre	356
Water	mL/100 mL (mL/can)	84
Renal solute load	mOsm/litre	489

## ADDITIONAL INFORMATION

Product Presentation	1000 mL Ready-to-Hang Unflavoured	
Gluten Free	— <sup>†</sup>	
Low Lactose*	✓	
Halal Certified	✓	
Kosher Certified	✓	
Abbott Product Code	P770.154	
DHL Product Code	2206408	
SAP Code	20038827	

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk, oat, wheat.

FOS: fructo-oligosaccharides.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	429
kcal	kcal	102
Protein	g	5.55
Fat	g	3.32
Saturated	g	0.8
Carbohydrate	g	11.98
Sugar	g	0.52
Dietary fibre, total	g	1.7
FOS	g	0.7

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	84.0
Vitamin D	mcg	1.0
Vitamin E	mg α-TE	2.1
Vitamin K	mcg	8.0
Vitamin C	mg	10
Folic acid	mcg	30
Thiamin (Vitamin B <sub>1</sub> )	mg	0.17
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20
Vitamin B <sub>6</sub>	mg	0.26
Vitamin B <sub>12</sub>	mcg	0.35
Niacin	mg NE	2.0
Pantothenic acid	mg	0.90
Biotin	mcg	5.0
Choline	mg	60

## MINERALS<sup>^</sup>

Sodium	mg	160
Potassium	mg	250
Chloride	mg	140
Calcium	mg	70
Phosphorus	mg	70
Magnesium	mg	30
Iron	mg	1.4
Zinc	mg	1.1
Manganese	mg	0.35
Copper	mcg	180
Iodine	mcg	15
Selenium	mcg	7.5
Chromium	mcg	6.5
Molybdenum	mcg	11
Taurine	mg	15
Carnitine	mg	8

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, soy protein isolate, MINERALS (sodium citrate, potassium citrate, potassium chloride, magnesium phosphate tribasic, calcium carbonate, magnesium phosphate dibasic, magnesium carbonate, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), canola oil, high oleic sunflower oil, fructo oligosaccharides (FOS), soy polysaccharide, medium-chain triglycerides (MCT) oil, corn oil, oat fibre, cellulose, gum arabic, emulsifier (322), VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, beta carotene, Vitamin A palmitate, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), sodium carboxymethyl cellulose, taurine, l-carnitine.  
May contain: potassium phosphate dibasic, magnesium sulphate, sodium chloride.

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# OSMOLITE



Osmolite 1.0 kcal/mL is a nutritionally complete and balanced isotonic, low residue tube feed for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>15</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	288
Osmolarity	mOsm/litre	244
Water	mL/100 mL (mL/can)	84.9
Renal solute load	mOsm/litre	342

## ADDITIONAL INFORMATION

Product Presentation	1000 mL Ready-to-Hang Unflavoured	
Gluten Free		✓
Low Lactose*		✓
Halal Certified		✓
Kosher Certified		✓
Abbott Product Code	E711.15401	
DHL Product Code	2113268	
SAP Code	20038752	

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	422
kcal	kcal	100
Protein	g	4.00
Fat	g	3.40
Saturated	g	0.85
Carbohydrate	g	13.56
Sugar	g	0.42
Dietary fibre, total	g	0
FOS	g	0

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	108
Vitamin D	mcg	0.73
Vitamin E	mg α-TE	2.1
Vitamin K	mcg	5.2
Vitamin C	mg	10
Folic acid	mcg	23
Thiamin (Vitamin B <sub>1</sub> )	mg	0.16
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18
Vitamin B <sub>6</sub>	mg	0.22
Vitamin B <sub>12</sub>	mcg	0.34
Niacin	mg NE	1.7
Pantothenic acid	mg	0.78
Biotin	mcg	4.6
Choline	mg	56

## MINERALS<sup>^</sup>

Sodium	mg	88
Potassium	mg	148
Chloride	mg	136
Calcium	mg	68
Phosphorus	mg	68
Magnesium	mg	20
Iron	mg	1.4
Zinc	mg	1.3
Manganese	mg	0.38
Copper	mcg	170
Iodine	mcg	11
Selenium	mcg	6
Chromium	mcg	6.5
Molybdenum	mcg	12
Taurine	mg	0
Carnitine	mg	0

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, vegetable oils (high oleic sunflower oil, canola oil, medium chain triglycerides (MCT) oil), MINERALS (calcium phosphate tribasic, potassium chloride, potassium citrate, magnesium chloride, sodium citrate, magnesium sulphate, potassium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), soy protein isolate, stabilisers (460, 466, 418), emulsifier (322), choline chloride, VITAMINS (ascorbic acid, Vitamin E, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, Vitamin A palmitate, riboflavin, folic acid, biotin, phylloquinone, Vitamin D3, cyanocobalamin). May contain: sodium chloride.

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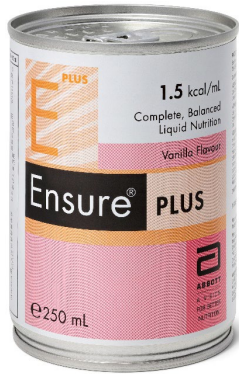
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# ENSURE PLUS HN CAN



Ensure Plus HN Can 1.5 kcal/mL is a high energy, complete and balanced, low residue tube feed for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>16</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	614
Osmolarity	mOsm/litre	475
Water	mL/100 mL (mL/can)	77.6 (194)
Renal solute load	mOsm/litre	489

ADDITIONAL INFORMATION	
Product Presentation	250 mL Can Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	E710.12501
DHL Product Code	2113275
SAP Code	20038783

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	631
kcal	kcal	150
Protein	g	6.25
Fat	g	5.0
Saturated	g	0.64
Carbohydrate	g	20.0
Sugar	g	4.86
Dietary fibre, total	g	0
FOS	g	0
VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	158
Vitamin D	mcg	1.1
Vitamin E	mg α-TE	3.0
Vitamin K	mcg	7.6
Vitamin C	mg	15
Folic acid	mcg	40
Thiamin (Vitamin B <sub>1</sub> )	mg	0.27
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.31
Vitamin B <sub>6</sub>	mg	0.4
Vitamin B <sub>12</sub>	mcg	0.57
Niacin	mg NE	2.9
Pantothenic acid	mg	1.4
Biotin	mcg	6.5
Choline	mg	55
MINERALS <sup>^</sup>		
Sodium	mg	118
Potassium	mg	182
Chloride	mg	123
Calcium	mg	92
Phosphorus	mg	92
Magnesium	mg	30
Iron	mg	2.1
Zinc	mg	1.7
Manganese	mg	0.50
Copper	mcg	250
Iodine	mcg	16
Selenium	mcg	8.0
Chromium	mcg	10
Molybdenum	mcg	16
Taurine	mg	0
Carnitine	mg	0

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, corn oil, sucrose, soyprotein isolate, MINERALS(potassium citrate, magnesium chloride, calcium phosphate tribasic, sodium citrate, potassium phosphate dibasic, ferrous sulphate, potassium chloride, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), emulsifier (322), flavouring, VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, biotin, phylloquinone, Vitamin D3, cyanocobalamin), stabiliser (407). May contain: sodium chloride, magnesium sulphate.

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# ENSURE PLUS HN RTH



Ensure Plus HN RTH 1.5 kcal/mL is a high energy, complete and balanced, low residue tube feed for the dietary management of patients with, or at risk of developing, disease-related malnutrition.<sup>17</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	510
Osmolarity	mOsm/litre	392
Water	mL/100 mL (mL/can)	77.16
Renal solute load	mOsm/litre	501

## ADDITIONAL INFORMATION

Product Presentation	1000 mL Ready-to-Hang Unflavoured
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	M957.15401
DHL Product Code	2113282
SAP Code	20038824

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	632
kcal	kcal	150
Protein	g	6.27
Fat	g	4.91
Saturated	g	1.2
Carbohydrate	g	20.36
Sugar	g	1.15
Dietary fibre, total	g	0
FOS	g	0

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	159.5
Vitamin D	mcg	1.0
Vitamin E	mg α-TE	2.6
Vitamin K	mcg	8.0
Vitamin C	mg	13
Folic acid	mcg	40
Thiamin (Vitamin B <sub>1</sub> )	mg	0.26
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.34
Vitamin B <sub>6</sub>	mg	0.39
Vitamin B <sub>12</sub>	mcg	0.40
Niacin	mg NE	2.9
Pantothenic acid	mg	1.3
Biotin	mcg	7.2
Choline	mg	60

## MINERALS<sup>^</sup>

Sodium	mg	140
Potassium	mg	165
Chloride	mg	145
Calcium	mg	100
Phosphorus	mg	100
Magnesium	mg	31
Iron	mg	2.2
Zinc	mg	1.9
Manganese	mg	0.50
Copper	mcg	250
Iodine	mcg	15
Selenium	mcg	7.0
Chromium	mcg	10
Molybdenum	mcg	15
Taurine	mg	15
Carnitine	mg	12

**Ingredients:** Water, maltodextrin, CASEINATES(sodiumcaseinate, calciumcaseinate), VEGETABLEOILS(higholeicunflower, canola, mediumchaintriglycerides (MCT)), soy protein isolate, MINERALS (potassium citrate, calcium phosphate tribasic, magnesium chloride, sodium citrate, potassium chloride, potassium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), stabilisers (460, 466, 418), emulsifier (322), choline chloride, VITAMINS (ascorbic acid, Vitamin E, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, beta carotene, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), taurine, L-carnitine. May contain: magnesium sulphate, sodium chloride.

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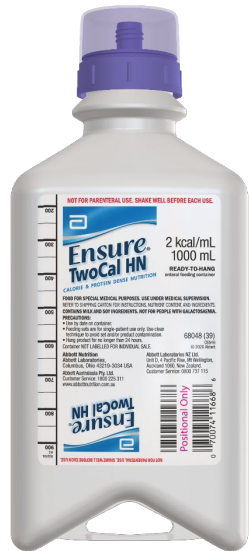
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RTH: Ready-to-Hang

 **Abbott**

# ENSURE TWOCAL HN RTH



Ensure TwoCal HN RTH 2 kcal/mL is an energy and protein-dense nutritionally complete tube feed with fibre that is suitable for stressed patients or those with fluid restrictions or volume intolerance.<sup>18</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	710
Osmolarity	mOsm/litre	494
Water	mL/100 mL (mL/can)	70
Renal solute load	mOsm/litre	654

## ADDITIONAL INFORMATION

Product Presentation	1000 mL Ready-to-Hang Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	62709.154
DHL Product Code	2113199
SAP Code	6804839

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	837
kcal	kcal	200
Protein	g	8.35
Fat	g	9.05
Saturated	g	0.6
Carbohydrate	g	21.86
Sugar	g	4.5
Dietary fibre, total	g	0.5
FOS	g	0.5

## VITAMINS<sup>A</sup>

Vitamin A	mcg RE	158
Vitamin D	mcg	2.4
Vitamin E	mg α-TE	5.02
Vitamin K	mcg	16.9
Vitamin C	mg	31.6
Folic acid	mcg	68.8
Thiamin (Vitamin B <sub>1</sub> )	mg	0.25
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.27
Vitamin B <sub>6</sub>	mg	0.36
Vitamin B <sub>12</sub>	mcg	1.0
Niacin	mg NE	3.4
Pantothenic acid	mg	1.7
Biotin	mcg	8.4
Choline	mg	84.4

## MINERALS<sup>A</sup>

Sodium	mg	84.4
Potassium	mg	211
Chloride	mg	97
Calcium	mg	137
Phosphorus	mg	132
Magnesium	mg	41.4
Iron	mg	2.5
Zinc	mg	2.4
Manganese	mg	0.55
Copper	mcg	210
Iodine	mcg	21.1
Selenium	mcg	7.6
Chromium	mcg	5.1
Molybdenum	mcg	6.3
Taurine	mg	20
Carnitine	mg	20

**Ingredients:** Water, corn syrup solids, corn maltodextrin, canola oil, milk protein concentrate, sodium caseinate, sugar, corn oil, calcium caseinate, MINERALS (potassium citrate, magnesium sulphate, potassium phosphate, magnesium chloride, sodium citrate, potassium hydroxide, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, potassium iodide, chromium chloride, sodium selenate, sodium molybdate), fructo-oligosaccharides (FOS), natural and artificial flavours, VITAMINS (ascorbic acid, choline chloride, dl-alpha-tocopheryl acetate, niacinamide, calcium pantothenate, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, Vitamin A palmitate, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), emulsifier (322), taurine, l-carnitine.

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RTH: Ready-to-Hang





# 03

# DISEASE-SPECIFIC



# GLUCERNA SELECT RTH



Glucerna Select 1.0 kcal/mL is a specialised high protein tube feed with a low GI (GI =16), unique carbohydrate blend, plus fibre and FOS for the dietary management of patients with impaired glucose metabolism.<sup>19</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	450
Osmolality	mOsm/litre	378
Water	mL/100 mL (mL/can)	84.3
Renal solute load	mOsm/litre	394

ADDITIONAL INFORMATION	
Product Presentation	500 mL Ready-to-Hang Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	P896.P50
DHL Product Code	2288283
SAP Code	20038829

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

FOS: fructo-oligosaccharides.

GI: glycaemic index.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	417
kcal	kcal	100
Protein	g	5.00
Fat	g	5.44
Saturated	g	0.42
Carbohydrate	g	7.46
Sugar	g	2.4
Dietary fibre, total	g	2.11
FOS	g	0.67
VITAMINS <sup>A</sup>		
Vitamin A	mcg RE	58
Vitamin D	mcg	0.93
Vitamin E	mg α-TE	1.9
Vitamin K	mcg	10.0
Vitamin C	mg	11
Folic acid	mcg	25
Thiamin (Vitamin B <sub>1</sub> )	mg	0.15
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.18
Vitamin B <sub>6</sub>	mg	0.21
Vitamin B <sub>12</sub>	mcg	0.30
Niacin	mg NE	1.7
Pantothenic acid	mg	0.75
Biotin	mcg	4.0
Choline	mg	43
Inositol	mg	85
MINERALS <sup>A</sup>		
Sodium	mg	94
Potassium	mg	130
Chloride	mg	125
Calcium	mg	70
Phosphorus	mg	65
Magnesium	mg	21
Iron	mg	1.3
Zinc	mg	1.2
Manganese	mg	0.35
Copper	mcg	140
Iodine	mcg	11
Selenium	mcg	5.0
Chromium	mcg	8.5
Molybdenum	mcg	10
Taurine	mg	11
Carnitine	mg	7.8

**Ingredients:** Water, sodium and calcium caseinates, maltodextrin, VEGETABLE OILS (canola oil, high oleic sunflower oil), fructose, maltitol, soy polysaccharides, soy protein isolate, fructo-oligosaccharides (FOS), MINERALS (potassium chloride, sodium citrate, magnesium chloride, calcium citrate, calcium carbonate, magnesium phosphate dibasic, potassium phosphate dibasic, potassium citrate, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, chromium chloride, sodium molybdate, potassium iodide, sodium selenate), emulsifier (322), flavouring, m-inositol, VITAMINS (choline chloride, ascorbic acid, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, dl-alpha tocopheryl acetate, beta carotene, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), acidity regulator (525, 330), stabiliser (407), taurine, l-carnitine. May contain: sodium chloride.

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RTH: Ready-to-Hang



# GLUCERNA POWDER



AVAILABLE IN VANILLA AND CHOCOLATE

Glucerna Powder 0.96 kcal/mL provides complete and balanced nutrition for people with prediabetes, diabetes and gestational diabetes, as part of a diabetes management plan.<sup>20</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	455
Osmolarity	mOsm/litre	384
Renal solute load	mOsm/litre	360

ALLERGEN & DIETARY INFORMATION	
Low Gluten	✓
Low Lactose*	✓
Vegetarian	✓
Halal Certified	✓
Kosher Certified	✓
Allergens	Contains Milk, Soy

ENERGY DISTRIBUTION	
Protein	17.85
Carbohydrate	40.04
Fat	34.39

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

# Glucerna®

850 g	0.96	10.16 g	28
TIN	kcal/mL	PROTEIN PER 230 mL SERVE	VITAMINS & MINERALS

## INSTRUCTIONS FOR USE

To prepare a 237 mL serving, put 200 mL of cold water into a glass. Gradually add 5 scoops or 52.1 g of Glucerna powder while stirring and mix until dissolved. An 850 g can of powder yields approximately sixteen 237 mL servings of Glucerna.

## STORAGE INSTRUCTIONS

Opened can should be covered and stored in a cool, dry place, but not refrigerated. Once opened, use contents within 3 weeks.

**Prepared Glucerna should be used promptly or covered, refrigerated, and used within 24 hours.**

## IMPORTANT NOTICE

This product is suitable as a supplemental source of nutrition only. It is not to be used as a sole source of nutrition. Not intended for use in children unless recommended by a physician or other qualified health care professional.

ADDITIONAL INFO	VANILLA	CHOCOLATE
Abbott order code	2288286	2288278
Unit size (mL)	850 g	850 g
Units/carton	6 units/ carton	6 units/ carton

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# GLUCERNA POWDER CONT.

NUTRITIONAL INFORMATION			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
Energy	kJ	404	957
kcal	kcal	96	228
Protein	g	4.29	10.16
Fat	g	3.67	8.70
of which saturates	g	0.42	0.99
Carbohydrate	g	11.02	26.11
of which sugars	g	2.37	5.61
Dietary fibre, total	g	1.65	3.90
of which FOS	g	0.45	1.07
VITAMINS <sup>^</sup>			
Vitamin A	mcg RE	70	166
Vitamin D3	mcg	2.75	6.51
Vitamin E	mg α-TE	2.2	5.3
Vitamin K1	mcg	8.4	19.8
Vitamin C	mg	9	21.4
Folic acid	mcg	34	81
Thiamin (Vitamin B1)	mg	0.17	0.41
Riboflavin (Vitamin B2)	mg	0.2	0.5
Vitamin B6	mg	0.26	0.63
Vitamin B12	mcg	0.35	0.82
Niacin	mg NE	2.02	4.79
Pantothenic acid	mg	0.81	1.93
Biotin	mcg	4.0	9
Choline	mg	42.0	100
Inositol	mg	337.9	800.3

MINERALS <sup>^</sup>			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
Sodium	mg	89	211
Potassium	mg	156	370
Chloride	mg	132	313
Calcium	mg	94	223
Phosphorus	mg	71	168
Magnesium	mg	25.1	59.49
Iron	mg	0.89	2.10
Zinc	mg	1.26	2.99
Manganese	mg	0.33	0.78
Copper	mcg	70	166
Iodine	mcg	16.1	38.0
Selenium	mcg	6.6	15.6
Chromium	mcg	16.7	39.6
Molybdenum	mcg	11	26.1
Taurine	mg	8.4	19.9
L-carnitine	mg	7.3	17.2
Fluoride	mg	0	0
Osmolality	mOsm/kg H2O	455	
Osmolarity	mOsm/litre	384	
Water	mL/100mL (mL/bottle)	N/A	
Renal solute load	mg	360	

<sup>^</sup>and other nutrients

**Ingredients:** Maltodextrin, VEGETABLE OILS (high oleic sunflower oil, soy oil), calcium caseinate, sucromalt, isolated soy protein, maltitol, milk protein concentrate, MINERALS (potassium chloride, magnesium sulphate, calcium carbonate, potassium citrate, sodium phosphate, sodium chloride, magnesium phosphate, sodium citrate, potassium hydroxide, zinc sulphate, ferrous sulphate, manganese sulphate, copper sulphate, chromium chloride, potassium iodide, sodium molybdate, sodium selenite), fructose, fructo-oligosaccharides, isomaltulose, myo-inositol, oat fibre, flavouring, carboxymethyl cellulose, emulsifier (322), stabiliser (415), VITAMINS (choline chloride, ascorbyl palmitate, ascorbic acid, Vitamin E, niacinamide, calcium d-pantothenate, pyridoxine hydrochloride, thiamin chloride hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phylloquinone, d-biotin, cholecalciferol, cyanocobalamin), taurine, L-carnitine, mixed tocopherols.

Contains: Milk and Soy Ingredients

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# GLUCERNA RTD



AVAILABLE IN VANILLA

Glucerna RTD 0.96 kcal/mL provides complete and balanced nutrition for people with prediabetes, diabetes and gestational diabetes, as part of a diabetes management plan.<sup>23</sup>

Vanilla Glycaemic Index = 27<sup>24</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	530
Osmolarity	mOsm/litre	449
Water	mL/100 mL (mL/can)	85.2 (170)
Renal solute load	mOsm/litre	382

ADDITIONAL INFORMATION	
Product Presentation	220 mL Bottle Vanilla
Gluten Free	- <sup>†</sup>
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	Y578.119
DHL Product Code	2288300
SAP Code	20038779

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk, oat, wheat.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	405
kcal	kcal	96
Protein	g	4.62
Fat	g	3.74
Saturated	g	0.40
Carbohydrate	g	10.03
Sugar	g	2.40
Dietary fibre, total	g	2.05
FOS	g	0.46
VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	71
Vitamin D	mcg	3.0
Vitamin E	mg α-TE	2.4
Vitamin K	mcg	9.0
Vitamin C	mg	10
Folic acid	mcg	37
Thiamin (Vitamin B <sub>1</sub> )	mg	0.17
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20
Vitamin B <sub>6</sub>	mg	0.26
Vitamin B <sub>12</sub>	mcg	0.40
Niacin	mg NE	2.0
Pantothenic acid	mg	0.80
Biotin	mcg	4.0
Choline	mg	42
Inositol	mg	365
MINERALS <sup>^</sup>		
Sodium	mg	95
Potassium	mg	160
Chloride	mg	130
Calcium	mg	102
Phosphorus	mg	70
Magnesium	mg	19
Iron	mg	1.2
Zinc	mg	1.5
Manganese	mg	0.33
Copper	mcg	140
Iodine	mcg	16
Selenium	mcg	7.1
Chromium	mcg	18
Molybdenum	mcg	12
Taurine	mg	9.2
Carnitine	mg	8.0

**Ingredients:** Water, maltodextrin, sucromalt, VEGETABLE OILS (canola oil, high oleic sunflower oil, corn oil), MILK PROTEINS (sodium caseinate (milk), calcium caseinate(milk)), soyproteinisolate, glycerine, MINERALS (potassiumcitrate, potassiumchloride, calciumcarbonate, calciumcitrate, magnesiumphosphatedibasic, sodium chloride, calcium phosphate tribasic, sodium citrate, magnesium chloride, potassium phosphate dibasic, zinc sulphate, ferrous sulphate, manganese sulphate, cupric sulphate, chromium chloride, sodium molybdate, potassium iodide, sodium selenite), fructo-oligosaccharides (FOS), myo-inositol, flavouring, oat fibre(oats), emulsifier(322)(soy), stabilisers(460, 407, 466, 418), cholinechloride, VITAMINS(ascorbicacid, Vitamin E, niacinamide, calciumpantothenate, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), sweeteners (950, 955), taurine, l-carnitine, colour (100).

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RTD: Ready-to-Drink



# NEPRO HP



**Nepro HP (High Protein<sup>†</sup>) 1.8 kcal/mL is high in energy and protein and provides complete renal nutrition to help improve nutrition status and replace protein and energy lost during dialysis.<sup>25,26</sup>**

Glycaemic Index = 35<sup>27</sup>

SOLUTE CONCENTRATION		
<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	735
<b>Osmolarity</b>	mOsm/litre	538
<b>Water</b>	mL/100 mL (mL/can)	73.3 (161)
<b>Renal solute load</b>	mOsm/litre	543

ADDITIONAL INFORMATION	
<b>Product Presentation</b>	220 mL Bottle Vanilla, 220 mL Bottle Strawberry, 500 mL Ready-to-Hang Vanilla
<b>Gluten Free</b>	✓
<b>Low Lactose*</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	Vanilla only
<b>Abbott Product Code</b>	S551.119, S552.119, S551.15001
<b>DHL Product Code</b>	2189921, 2189938, 2241895

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

<sup>†</sup>Compared to Nepro LP.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

Nutritional Information is for Vanilla flavour.

Ingredients for Strawberry flavour may differ slightly.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
<b>Energy</b>	kJ	761
<b>kcal</b>	kcal	182
<b>Protein</b>	g	8.10
<b>Fat</b>	g	9.77
<b>Saturated</b>	g	0.73
<b>Carbohydrate</b>	g	14.74
<b>Sugar</b>	g	3.2
<b>Dietary fibre, total</b>	g	1.26
<b>FOS</b>	g	0.84
VITAMINS <sup>^</sup>		
<b>Vitamin A</b>	mcg RE	95
<b>Vitamin D</b>	mcg	1.2
<b>Vitamin E</b>	mg α-TE	3.4
<b>Vitamin K</b>	mcg	9.0
<b>Vitamin C</b>	mg	10.5
<b>Folic acid</b>	mcg	60
<b>Thiamin (Vitamin B<sub>1</sub>)</b>	mg	0.42
<b>Riboflavin (Vitamin B<sub>2</sub>)</b>	mg	0.5
<b>Vitamin B<sub>6</sub></b>	mg	0.5
<b>Vitamin B<sub>12</sub></b>	mcg	0.85
<b>Niacin</b>	mg NE	3.4
<b>Pantothenic acid</b>	mg	1.6
<b>Biotin</b>	mcg	9.0
<b>Choline</b>	mg	63.5
<b>Inositol</b>	mg	0
MINERALS <sup>^</sup>		
<b>Sodium</b>	mg	70
<b>Potassium</b>	mg	106
<b>Chloride</b>	mg	84
<b>Calcium</b>	mg	106
<b>Phosphorus</b>	mg	72
<b>Magnesium</b>	mg	21
<b>Iron</b>	mg	1.9
<b>Zinc</b>	mg	1.9
<b>Manganese</b>	mg	0.21
<b>Copper</b>	mcg	210
<b>Iodine</b>	mcg	16
<b>Selenium</b>	mcg	7.4
<b>Chromium</b>	mcg	4.5
<b>Molybdenum</b>	mcg	8
<b>Taurine</b>	mg	16
<b>Carnitine</b>	mg	26.5

**Ingredients (Vanilla):** Water, maltodextrin, VEGETABLE OILS (higholeic sunflower oil, canola oil), CASEINATES (calciumcaseinate, magnesiumcaseinate, sodium caseinate), milk protein isolate, sucrose, glycerine, fructo-oligosaccharides (FOS), MINERALS (potassium citrate, sodium citrate, sodium chloride, calcium citrate, magnesium sulphate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, potassium iodide, chromium chloride, sodium molybdate, sodium selenate), emulsifier (322), flavouring, choline chloride, stabiliser (460), L-carnitine, VITAMINS (ascorbic acid, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin E, Vitamin A palmitate, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), taurine, stabilizer (466). May contain: magnesium phosphate dibasic.

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# NEPRO LP



**Nepro LP (Lower Protein<sup>†</sup>) 1.8 kcal/mL is high in energy and low in protein. It provides complete renal nutrition for patients with chronic kidney disease who are not on dialysis.<sup>28</sup>**

Glycaemic Index = 44<sup>27</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	800
Osmolarity	mOsm/litre	590
Water	mL/100 mL (mL/can)	73.7 (162)
Renal solute load	mOsm/litre	345

ADDITIONAL INFORMATION	
Product Presentation	220 mL Bottle Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	S553.119
DHL Product Code	2288271
SAP Code	20038800

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

<sup>†</sup>Compared to Nepro HP.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	762
kcal	kcal	182
Protein	g	4.52
Fat	g	9.70
Saturated	g	0.73
Carbohydrate	g	18.53
Sugar	g	6.10
Dietary fibre, total	g	1.26
FOS	g	0.88

## VITAMINS<sup>A</sup>

Vitamin A	mcg RE	95
Vitamin D	mcg	1.2
Vitamin E	mg α-TE	3.4
Vitamin K	mcg	8.4
Vitamin C	mg	11
Folic acid	mcg	60
Thiamin (Vitamin B <sub>1</sub> )	mg	0.42
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.5
Vitamin B <sub>6</sub>	mg	0.5
Vitamin B <sub>12</sub>	mcg	0.85
Niacin	mg NE	3.4
Pantothenic acid	mg	1.6
Biotin	mcg	9.0
Choline	mg	63
Inositol	mg	0

## MINERALS<sup>A</sup>

Sodium	mg	80
Potassium	mg	114
Chloride	mg	93
Calcium	mg	73
Phosphorus	mg	65
Magnesium	mg	21
Iron	mg	1.9
Zinc	mg	1.9
Manganese	mg	0.21
Copper	mcg	211
Iodine	mcg	16
Selenium	mcg	7.6
Chromium	mcg	12.7
Molybdenum	mcg	8
Taurine	mg	16
Carnitine	mg	27

**Ingredients:** Water, Maltodextrin, VEGETABLE OILS (high oleic sunflower oil, canola oil), milk protein isolate, isomaltulose, sucrose, glycerine, sodium caseinate, fructooligosaccharides, MINERALS (potassium citrate, sodium citrate, magnesium chloride, potassium chloride, magnesium phosphate dibasic, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, chromium chloride, potassium iodide, sodium molybdate, sodium selenate), emulsifier (322), flavouring, choline chloride, VITAMINS(ascorbic acid, niacinamide, calcium pantothenate, pyridoxinehydrochloride, thiaminhydrochloride, riboflavin, Vitamin E, Vitamin A palmitate, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), L-carnitine, stabiliser (407), and taurine.

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# VITAL 1.5 KCAL (RTD & RTH)



Vital 1.5 kcal/mL is a 100% peptide based low residue formulation with 70% of total fats comprised of MCTs, for the dietary management of people with impaired gastrointestinal function, malabsorption and/or feeding intolerance.<sup>29,30</sup>

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	630
Osmolarity	mOsm/litre	487
Water	mL/100 mL (mL/can)	77.6 (155)
Renal solute load	mOsm/litre	552

ADDITIONAL INFORMATION	
Product Presentation	200 mL Bottle Vanilla, 1000 mL Ready-to-Hang Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	S298.121, S298.154
DHL Product Code	2288272, 2206416
SAP Code	20038796, 20038833

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains milk.

MCTs: medium chain triglycerides.

**Ingredients:** Water, maltodextrin, hydrolysed whey protein concentrate, VEGETABLE OILS (mediumchaintriglycerides (MCT) oil, canola oil), sucrose, hydrolysed sodium caseinate, MINERALS (calcium carbonate, magnesium phosphate dibasic, potassium phosphate dibasic, potassium chloride, sodium citrate, potassium citrate, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), flavouring, emulsifier (472e), VITAMINS (choline chloride, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, Vitamin A palmitate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), stabilisers (460, 407, 466), L-carnitine, taurine, sweetener (955). May contain: magnesium chloride, calcium phosphate tribasic.

NUTRITIONAL INFORMATION		
	UNITS	AVERAGE PER 100 mL
Energy	kJ	620
kcal	kcal	147
Protein	g	6.75
Fat	g	5.50
Saturated	g	3.9
Carbohydrate	g	18.40
Sugar	g	3.5
Dietary fibre, total	g	0
FOS	g	0
VITAMINS <sup>^</sup>		
Vitamin A	mcg RE	150
Vitamin D	mcg	1.0
Vitamin E	mg α-TE	1.9
Vitamin K	mcg	7.0
Vitamin C	mg	18
Folic acid	mcg	30
Thiamin (Vitamin B <sub>1</sub> )	mg	0.21
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.30
Vitamin B <sub>6</sub>	mg	0.30
Vitamin B <sub>12</sub>	mcg	0.50
Niacin	mg NE	3.0
Pantothenic acid	mg	1.0
Biotin	mcg	5.5
Choline	mg	68
Inositol	mg	0
MINERALS <sup>^</sup>		
Sodium	mg	169
Potassium	mg	200
Chloride	mg	150
Calcium	mg	100
Phosphorus	mg	100
Magnesium	mg	30
Iron	mg	2.0
Zinc	mg	1.8
Manganese	mg	0.50
Copper	mcg	240
Iodine	mcg	15
Selenium	mcg	9.5
Chromium	mcg	8.0
Molybdenum	mcg	18
Taurine	mg	15
Carnitine	mg	15

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RTH: Ready-to-Hang; RTD: Ready-to-Drink





# 04 PAEDIATRIC



# PEDIASURE POWDER



# PediaSure®

AVAILABLE IN VANILLA, CHOCOLATE  
AND STRAWBERRY

**PediaSure Powder** is complete, balanced nutrition suitable for children 1–10 years old at nutritional risk. It can be used as a nutritional supplement with or between meals or as a sole source of nutrition.<sup>31</sup>

PEDIASURE IS INDICATED FOR CHILDREN:

- Whose patterns of growth are below those of their age group
- Whose caloric and nutrient requirements are increased due to a medical condition
- Who are undernourished or have decreased food intake due to illness or diminished appetite

#### SOLUTE CONCENTRATION

<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	485
<b>Osmolarity</b>	mOsm/litre	411
<b>Renal solute load</b>	mOsm/litre	318

#### ALLERGEN & DIETARY INFORMATION

<b>Low Gluten</b>	✓
<b>Low Lactose*</b>	✓
<b>Vegetarian</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	✓
<b>Allergens</b>	Contains Milk, Soy

#### ENERGY DISTRIBUTION

<b>Protein</b>	52
<b>Carbohydrate</b>	12
<b>Fat</b>	35

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<b>850 g</b>	<b>1.0</b>	<b>6.74 g</b>	<b>28</b>
TIN	kcal/mL	PROTEIN PER 230 mL SERVE	VITAMINS & MINERALS

#### INSTRUCTIONS FOR USE

To prepare one 225 mL serving: pour 190 mL of room temperature or cold water into a cup and gradually mix in 5 pressed scoops or 48.6g of PediaSure powder.

#### STORAGE INSTRUCTIONS

Store sachet in a cool, dry place at room temperature, but not refrigerated. Once mixed, PediaSure should be covered, refrigerated, and used within 24 hours.

#### IMPORTANT NOTICE

PediaSure is suitable for children 1-10 years old and can be used as a nutritional supplement with or between meals or as a sole source of nutrition. PediaSure is also suitable for use as a tube feed (Vanilla flavour is recommended). PediaSure has increased levels of Vitamin D compared to standard feeds.

ADDITIONAL INFO	VANILLA	CHOCOLATE	STRAWBERRY
<b>Abbott order code</b>	2288286	2288278	2288304
<b>Unit size (mL)</b>	850 g	850 g	850 g
<b>Units/carton</b>	6 units/ carton	6 units/ carton	6 units/carton

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# PEDIASURE POWDER CONT.

NUTRITIONAL INFORMATION			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
Energy	kJ	419	944
kcal	kcal	100	226
Protein	g	3	7
Fat	g	3.91	8.81
Saturated	g	0.87	1.97
Carbohydrate	g	13.11	29.5
Sugar	g	3.73	8.38
Dietary fibre, total	g	0.44	1
FOS	g	0.44	1
VITAMINS <sup>^</sup>			
Vitamin A	mcg RE	60	135
Vitamin D3	mcg	2	4.5
Vitamin E	mg α-TE	1.6	3.5
Vitamin K1	mcg	7.7	17.3
Vitamin C	mg	10	22.5
Folic acid	mcg	24	54
Thiamin (Vitamin B1)	mg	0.24	0.54
Riboflavin (Vitamin B2)	mg	0.21	0.48
Vitamin B6	mg	0.26	0.59
Vitamin B12	mcg	0.3	0.68
Niacin	mg NE	1.5	3.37
Pantothenic acid	mg	0.7	1.57
Biotin	mcg	2	4.5
Choline	mg	30	67.6
Inositol	mg	8	18

MINERALS <sup>^</sup>			
		AVERAGE PER 100 ML	QUANTITY PER 237 ML
Sodium	mg	38	86
Potassium	mg	131	295
Chloride	mg	101	228.0
Calcium	mg	100	225
Phosphorus	mg	84	189
Magnesium	mg	19.8	44.6
Iron	mg	1.4	3.15
Zinc	mg	0.67	1.51
Manganese	mg	0.15	0.34
Copper	mcg	65	146
Iodine	mcg	9.7	21.8
Selenium	mcg	3.2	7.2
Chromium	mcg	3	6.8
Molybdenum	mcg	5.2	11.7
Taurine	mg	7.2	16.2
L-carnitine	mg	1.7	3.8
Fluoride	mg	0	0
Osmolality	mOsm/kg H2O	394	886.5
Osmolarity	mOsm/litre	335	753.75
Water	mL/100mL (mL/bottle)	N/A	N/A
Renal solute load	mg	276	621

<sup>^</sup>and other nutrients

**Ingredients:** Hydrolyzed corn starch, VEGETABLE OILS (high oleic sunflower oil, soy oil, canola oil, medium chain triglycerides (MCT) oil), milk protein concentrate, sucrose, soy protein isolate, MINERALS (potassium chloride, calcium phosphate, magnesium phosphate, sodium citrate, potassium phosphate, calcium carbonate, sodium chloride, ferrous sulfate, zinc sulfate, manganese sulfate, copper sulfate, potassium iodide, chromium chloride, sodium selenite, sodium molybdate), fructo-oligosaccharides, casein hydrolysate\*, EMULSIFIER (322), flavoring, L-arginine, VITAMINS (choline chloride, ascorbic acid, Vitamin E, calcium pantothenate, niacinamide, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phylloquinone, biotin, Vitamin D3, cyanocobalamin), docosahexaenoic acid (DHA) from Schizochytrium sp. oil, ANTIOXIDANTS (304, 307b), taurine, myo-inositol, carnitine tartrate, Lactobacillus acidophilus.

**Contains:** Milk, Soy.

\*Source of casein phosphopeptides.

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# PEDIASURE ORGANIC



AVAILABLE IN VANILLA

PediaSure Organic is a balanced nutritional supplement powder made with certified organic ingredients,<sup>†</sup> suitable for children 1–10 years old.<sup>32</sup> It can be used as a nutritional supplement with or between meals.<sup>32</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	380
Osmolarity	mOsm/litre	323
Renal solute load	mOsm/litre	250

## ADDITIONAL INFORMATION

Product Presentation	800 g Can Vanilla
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✗
Standard Dilution	48.6 g powder (5 level scoops) with 190 mL water yields approx. 225 mL
DHL Product Code	2288301
SAP Code	20038849

<sup>†</sup> Certified by NCO (National Association for Sustainable Agriculture Australia (NASAA) Certified Organic).

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains milk and soy.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	420
kcal	kcal	100
Protein	g	3.00
Fat	g	3.93
Saturated	g	1.32
Carbohydrate	g	13.49
Sugar	g	4.69
Dietary fibre, total	g	0.44
FOS	g	0.44

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	60
Vitamin D	mcg	2.00
Vitamin E	mg α-TE	1.6
Vitamin K	mcg	5.8
Vitamin C	mg	10.0
Folic acid	mcg	24
Thiamin (Vitamin B <sub>1</sub> )	mg	0.22
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.21
Vitamin B <sub>6</sub>	mg	0.26
Vitamin B <sub>12</sub>	mcg	0.40
Niacin	mg NE	1.50
Pantothenic acid	mg	0.70
Biotin	mcg	2.0
Choline	mg	0
Inositol	mg	0

## MINERALS<sup>^</sup>

Sodium	mg	38
Potassium	mg	131
Chloride	mg	101
Calcium	mg	100
Phosphorus	mg	84
Magnesium	mg	16
Iron	mg	1.40
Zinc	mg	0.67
Manganese	mg	0.15
Copper	mcg	80
Iodine	mcg	9.7
Selenium	mcg	3.2
Chromium	mcg	3.0
Molybdenum	mcg	4.0

**Ingredients:** MILK PROTEINS (organic liquid micellar casein (milk), organic whey protein concentrate (milk)), organic maltodextrin, organic sucrose, VEGETABLE OILS (organic high oleic sunflower oil, organic soy oil, organic coconut oil), organic soy protein isolate, MINERALS (potassium chloride, magnesium phosphate dibasic, tricalcium phosphate, sodium citrate, potassium citrate, calcium carbonate, potassium phosphate monobasic, sodium chloride, potassium phosphate dibasic, ferrous sulphate, zinc sulphate, manganese sulphate, copper sulphate, potassium iodide, chromium chloride, sodium selenite, sodium molybdate), organic fructo-oligosaccharides (FOS), organic emulsifier (soy) (322), *Lactobacillus acidophilus*, docosahexaenoic acid (DHA) from *C. cohnii* oil (milk), VITAMINS (ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, Vitamin A palmitate, folic acid, phyloquinone, biotin, Vitamin D3, cyanocobalamin), flavouring, antioxidants (304, 306).

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# PEDIASURE RTD



AVAILABLE IN VANILLA, CHOCOLATE  
AND STRAWBERRY

**PediaSure RTD 1.0 kcal/mL** provides complete and balanced fibre-free nutrition for the dietary management of children aged 1–10 who are at nutritional risk or are in need of nutritional support.<sup>33</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	320
Osmolarity	mOsm/litre	273
Water	mL/100 mL (mL/bottle)	85.4 (171)
Renal solute load	mOsm/litre	259

## ADDITIONAL INFORMATION

Product Presentation	200 mL Bottle Vanilla, 200 mL Bottle Chocolate, 200 mL Bottle Strawberry
Gluten Free	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	M500.12002, M692.12002, M691.12002
DHL Product Code	2190007, 2189990, 2190014
SAP Code	20038767, 20038823, 20038788

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy, milk.

Nutritional Information is for Vanilla flavour.

Ingredients for other flavours may differ slightly.

**Ingredients (Vanilla flavour):** water, maltodextrin, sucrose, high oleic sunflower oil, milk protein isolate, soy oil, MCT oil, sodium caseinate, MINERALS (sodium citrate, magnesium chloride, potassium chloride, potassium phosphate dibasic, potassium citrate, calcium phosphate tribasic, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, whey protein concentrate, emulsifiers (471,322), VITAMINS (cholinebitartrate, ascorbic acid, dl-alpha-tocopherylacetate, niacinamide, calciumpantothenate, riboflavin, thiamin hydrochloride, Vitamin A palmitate, pyridoxine hydrochloride, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), stabiliser (415), m-inositol, taurine, l-carnitine. May contain: magnesium sulphate, sodium chloride.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	419
kcal	kcal	100
Protein	g	2.80
Fat	g	4.98
Saturated	g	1.3
Carbohydrate	g	11.16
Sugar	g	3.7
Dietary fibre, total	g	0
FOS	g	0
<b>VITAMINS<sup>A</sup></b>		
Vitamin A	mcg RE	45
Vitamin D	mcg	1
Vitamin E	mg α-TE	1.5
Vitamin K	mcg	4
Vitamin C	mg	5
Folic acid	mcg	15
Thiamin (Vitamin B <sub>1</sub> )	mg	0.15
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.2
Vitamin B <sub>6</sub>	mg	0.1
Vitamin B <sub>12</sub>	mcg	0.2
Niacin	mg NE	1.2
Pantothenic acid	mg	0.3
Biotin	mcg	5
Choline	mg	15
Inositol	mg	8
<b>MINERALS<sup>A</sup></b>		
Sodium	mg	60
Potassium	mg	110
Chloride	mg	100
Calcium	mg	56
Phosphorus	mg	53
Magnesium	mg	16
Iron	mg	1
Zinc	mg	1
Manganese	mg	0.1
Copper	mcg	100
Iodine	mcg	10
Selenium	mcg	2.8
Chromium	mcg	2.5
Molybdenum	mcg	4
Taurine	mg	7.2
Carnitine	mg	1.7
Flouride	mg	0.05

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RTD: Ready-to-Drink

Abbott



# PEDIASURE FIBRE RTD



**PediaSure Fibre RTD 1.0 kcal/mL** is nutritionally complete and balanced, with fructo-oligosaccharides (FOS), for the dietary management of children aged 1–10 who are at nutritional risk or are in need of nutritional support.<sup>34</sup>

## SOLUTE CONCENTRATION

<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	340
<b>Osmolarity</b>	mOsm/litre	289
<b>Water</b>	mL/100 mL (mL/bottle)	85.2 (187)
<b>Renal solute load</b>	mOsm/litre	259

## ADDITIONAL INFORMATION

<b>Product Presentation</b>	220 mL Bottle Vanilla
<b>Gluten Free</b>	– <sup>†</sup>
<b>Low Lactose*</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	✓
<b>Abbott Product Code</b>	M610.118
<b>DHL Product Code</b>	2190021
<b>SAP Code</b>	20038750

<sup>†</sup>This product contains no detectable gluten at a limit quantification of 5ppm but does contain oats.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk and oat.

**Ingredients:** Water, maltodextrin, sucrose, sodium and calcium caseinates, high oleic sunflower oil, soy oil, medium chain triglycerides (MCT) oil, whey protein concentrate, MINERALS (calcium phosphate tribasic, magnesium chloride, potassium chloride, sodium citrate, potassium phosphate dibasic, potassium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, fructo-oligosaccharides, oatfibre, soypolysaccharide, stabiliser(414), emulsifier(471), emulsifier(322), VITAMINS(cholinebitartrate, ascorbic acid, niacinamide, dl-alphatocopherylacetate, calciumpantothenate, thiaminhydrochloride, riboflavin, pyridoxinehydrochloride, VitaminApalmitate, folicacid, biotin, phyloquinone, VitaminD3, cyanocobalamin), stabiliser (466), stabiliser (415), m-inositol, taurine, acidityregulator (525), l-carnitine, acidityregulator (330). May contain: magnesium sulphate, sodium chloride.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
<b>Energy</b>	kJ	418
<b>kcal</b>	kcal	100
<b>Protein</b>	g	2.80
<b>Fat</b>	g	4.98
<b>Saturated</b>	g	1.3
<b>Carbohydrate</b>	g	10.93
<b>Sugar</b>	g	3.75
<b>Dietary fibre, total</b>	g	0.73
<b>FOS</b>	g	0.23
<b>VITAMINS<sup>^</sup></b>		
<b>Vitamin A</b>	mcg RE	45
<b>Vitamin D</b>	mcg	1
<b>Vitamin E</b>	mg α-TE	1.5
<b>Vitamin K</b>	mcg	4
<b>Vitamin C</b>	mg	5
<b>Folic acid</b>	mcg	15
<b>Thiamin (Vitamin B<sub>1</sub>)</b>	mg	0.15
<b>Riboflavin (Vitamin B<sub>2</sub>)</b>	mg	0.2
<b>Vitamin B<sub>6</sub></b>	mg	0.1
<b>Vitamin B<sub>12</sub></b>	mcg	0.2
<b>Niacin</b>	mg NE	1.2
<b>Pantothenic acid</b>	mg	0.3
<b>Biotin</b>	mcg	5
<b>Choline</b>	mg	15
<b>Inositol</b>	mg	8
<b>MINERALS<sup>^</sup></b>		
<b>Sodium</b>	mg	60
<b>Potassium</b>	mg	110
<b>Chloride</b>	mg	100
<b>Calcium</b>	mg	56
<b>Phosphorus</b>	mg	53
<b>Magnesium</b>	mg	16
<b>Iron</b>	mg	1
<b>Zinc</b>	mg	1
<b>Manganese</b>	mg	0.1
<b>Copper</b>	mcg	100
<b>Iodine</b>	mcg	10
<b>Selenium</b>	mcg	2.8
<b>Chromium</b>	mcg	2.5
<b>Molybdenum</b>	mcg	4
<b>Taurine</b>	mg	7.2
<b>Carnitine</b>	mg	1.7
<b>Flouride</b>	mg	0.05

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RTD: Ready-to-Drink

 **Abbott**

# PEDIASURE COMPACT



AVAILABLE IN VANILLA

**PediaSure Compact** is a 125ml, ready-to-drink, high-energy, complete, balanced paediatric oral nutritional supplement.

For the dietary management of children aged 1-10 years who require high-energy, complete balanced nutrition in a lower-volume formulation.

This includes children with:

- or at risk of malnutrition
- increased energy requirements
- fluid or volume restriction
- poor volume tolerance
- shortened feeding schedules

SOLUTE CONCENTRATION		
Osmolality	mOsm/kg H <sub>2</sub> O	994
Osmolarity	mOsm/litre	643
Water	mL/100 mL	65.3
Renal solute load	mOsm/litre	585

ALLERGEN & DIETARY INFORMATION	
Gluten free tested	✓*
Low Lactose	✓
Vegetarian	✓
Halal Certified	✓
Kosher Certified	✓
Allergens	Contains Milk, Soy

ENERGY DISTRIBUTION	
Protein	11.3%
Carbohydrate	43.8%
Dietary Fibre	0.5%
Fat	44.4%

\*Product has been tested to have no detectable gluten over a limit of quantification of 5 ppm

Complete, Balanced Nutrition  
**PediaSure<sup>®</sup>**  
**COMPACT**

125 mL

BOTTLE

2.4

kcal/mL

8.4 g

PROTEIN PER  
SERVE

28

VITAMINS &  
MINERALS

## INSTRUCTIONS FOR USE

1. For oral consumption, shake well before use. Best served chilled.

May also be served as a warm drink, but do not boil.

2. For tube feeding, product should be administered at room temperature.

Suitable for tube feeding.

## STORAGE INSTRUCTIONS

Store unopened at room temperature.

Once opened, cover, refrigerate and discard unused feed after 24 hours.

## IMPORTANT NOTICE

PediaSure Compact is suitable as a supplemental or sole source of nutrition. Monitor fluid and electrolyte intake to ensure adequate hydration status.

Not suitable for children with galactosaemia or under 1 year of age.

NOT FOR PARENTERAL USE.

ADDITIONAL INFO	VANILLA
Abbott order code	S864.121
Unit size (mL)	125 mL
Units/carton	24

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# PEDIASURE COMPACT CONT.

NUTRITIONAL INFORMATION			
Servings per package: 1 Serving size: 125 mL	UNITS	QUANTITY PER SERVING	QUANTITY PER 100 mL
<b>Energy</b>	kJ	1249	999
<b>kcal</b>	kcal	298	239
<b>Protein</b>	g	8.40	6.72
<b>Fat, total</b>	g	14.94	11.95
<b>Saturated fatty acids</b>	g	4.13	3.3
<b>Carbohydrate</b>	g	32.69	26.15
<b>Sugars</b>	g	5.38	4.30
VITAMINS <sup>^</sup>			
<b>Vitamin A</b>	mcg RE	150	120
<b>Vitamin D3</b>	mcg	2.5	2.0
<b>Vitamin E</b>	mg α-TE	4.3	3.4
<b>Vitamin K1</b>	mcg	12	9.5
<b>Vitamin C</b>	mg	19	15
<b>Folic acid</b>	mcg	45	36
<b>Vitamin B1</b>	mg	0.38	0.30
<b>Vitamin B2</b>	mg	0.60	0.48
<b>Vitamin B6</b>	mg	0.3	0.24
<b>Vitamin B12</b>	mcg	0.69	0.55
<b>Niacin</b>	mg NE	3.6	2.9
<b>Pantothenic acid</b>	mg	0.90	0.72
<b>Biotin</b>	mcg	13	10.0
<b>Choline</b>	mg	41	33
MINERALS <sup>^</sup>			
<b>Sodium</b>	mg	138	110
<b>Potassium</b>	mg	325	260
<b>Chloride</b>	mg	188	150
<b>Calcium</b>	mg	175	140
<b>Phosphorus</b>	mg	175	140
<b>Magnesium</b>	mg	44	35
<b>Iron</b>	mg	2.8	2.2
<b>Zinc</b>	mg	3.0	2.4
<b>Manganese</b>	mg	0.25	0.2
<b>Copper</b>	mcg	288	230
<b>Iodine</b>	mcg	25	20
<b>Selenium</b>	mcg	9.4	7.5
<b>Chromium</b>	mcg	6.3	5.0
<b>Molybdenum</b>	mcg	13	10.0

**Ingredients:** Water, hydrolysed corn starch, VEGETABLE OIL (high oleic sunflower oil, soy oil, medium chain triglycerides (MCT) oil, milk protein concentrate, CASEINATES (sodium caseinate, calcium caseinate), MINERALS (sodium citrate, potassium chloride, magnesium phosphate dibasic, potassium phosphate dibasic, calcium citrate, potassium citrate, magnesium carbonate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fructo-oligosaccharides (FOS), sucrose, flavouring, EMULSIFIER (322), soy polysaccharide, VITAMINS (choline bitartrate, ascorbic acid, niacinamide, Vitamin E, calcium pantothenate, thiamin hydrochloride, riboflavin, Vitamin A palmitate, pyridoxine hydrochloride, folic acid, biotin, phyloquinone, Vitamin D3, cyanocobalamin), myo-inositol, taurine, L-carnitine.  
May contain: Citric acid

<sup>^</sup>and other nutrients

Nutritional Information is for Vanilla flavour. Ingredients for other flavours may differ slightly.

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# PEDIASURE PLUS RTH



**PediaSure Plus RTH 1.5 kcal/mL** is a high energy complete and balanced, fibre-free oral nutritional supplement and tube feed for children aged 1–10 years with, or at risk of developing, disease related malnutrition.<sup>35</sup>

## SOLUTE CONCENTRATION

<b>Osmolality</b>	mOsm/kg H <sub>2</sub> O	350
<b>Osmolarity</b>	mOsm/litre	273
<b>Water</b>	mL/100 mL	78.3
<b>Renal solute load</b>	mOsm/litre	354

## ADDITIONAL INFORMATION

<b>Product Presentation</b>	500 mL Ready-to-Hang Vanilla
<b>Gluten Free</b>	✓
<b>Low Lactose*</b>	✓
<b>Halal Certified</b>	✓
<b>Kosher Certified</b>	✓
<b>Abbott Product Code</b>	M780.15002
<b>DHL Product Code</b>	2241887
<b>SAP Code</b>	20038768

Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm.

\*By FSANZ definition low lactose (not more than 2 g per 100 g).<sup>2</sup>

<sup>^</sup>and other nutrients.

Contains soy, milk.

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
<b>Energy</b>	kJ	628
<b>kcal</b>	kcal	150
<b>Protein</b>	g	4.20
<b>Fat</b>	g	7.47
<b>Saturated</b>	g	2.0
<b>Carbohydrate</b>	g	16.74
<b>Sugar</b>	g	2.2
<b>Dietary fibre, total</b>	g	0
<b>FOS</b>	g	0

## VITAMINS<sup>A</sup>

<b>Vitamin A</b>	mcg RE	99
<b>Vitamin D</b>	mcg	1.1
<b>Vitamin E</b>	mg α-TE	1.5
<b>Vitamin K</b>	mcg	5.9
<b>Vitamin C</b>	mg	7.5
<b>Folic acid</b>	mcg	23
<b>Thiamin (Vitamin B<sub>1</sub>)</b>	mg	0.23
<b>Riboflavin (Vitamin B<sub>2</sub>)</b>	mg	0.30
<b>Vitamin B<sub>6</sub></b>	mg	0.15
<b>Vitamin B<sub>12</sub></b>	mcg	0.3
<b>Niacin</b>	mg NE	1.8
<b>Pantothenic acid</b>	mg	0.45
<b>Biotin</b>	mcg	7.5
<b>Choline</b>	mg	22.5
<b>Inositol</b>	mg	12

## MINERALS<sup>A</sup>

<b>Sodium</b>	mg	60
<b>Potassium</b>	mg	135
<b>Chloride</b>	mg	100
<b>Calcium</b>	mg	83
<b>Phosphorus</b>	mg	80
<b>Magnesium</b>	mg	24
<b>Iron</b>	mg	1.5
<b>Zinc</b>	mg	1.5
<b>Manganese</b>	mg	0.15
<b>Copper</b>	mcg	165
<b>Iodine</b>	mcg	15
<b>Selenium</b>	mcg	4.2
<b>Chromium</b>	mcg	3.8
<b>Molybdenum</b>	mcg	5.9
<b>Taurine</b>	mg	10.8
<b>Carnitine</b>	mg	2.6
<b>Flouride</b>	mg	0.08

**Ingredients:** Water, maltodextrin, sodium and calcium caseinates, high oleic sunflower oil, soy oil, sucrose, medium chain triglycerides (MCT) oil, whey protein concentrate, MINERALS (potassium citrate, magnesium chloride, calcium phosphate tribasic, potassium phosphate dibasic, sodium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifier (471), emulsifier (322), VITAMINS (choline bitartrate, ascorbic acid, dl-alpha tocopheryl acetate, niacinamide, calcium pantothenate, Vitamin A palmitate, riboflavin, thiaminhydrochloride, pyridoxinehydrochloride, Vitamin D3, folicacid, biotin, phyloquinone, cyanocobalamin), m-inositol, stabiliser(415), taurine, l-carnitine. May contain: potassium chloride, sodium chloride, magnesium sulphate.

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RTH: Ready-to-Hang



# ROSS CARBOHYDRATE FREE



Ross Carbohydrate Free has a soy formula base with iron and no added carbohydrate, for infants from birth who are unable to tolerate the type or amount of carbohydrate in milk or infant formulas.<sup>36</sup>

## SOLUTE CONCENTRATION

Osmolality	mOsm/kg H <sub>2</sub> O	127
Osmolarity	mOsm/litre	112
Water	mL/100 mL	88
Renal solute load	mOsm/litre	35

## ADDITIONAL INFORMATION

Product Presentation	384 mL Can# Unflavoured
Gluten Free*	✓
Low Lactose*	✓
Halal Certified	✓
Kosher Certified	✓
Abbott Product Code	0108.110
DHL Product Code	1773443
SAP Code	00108

#PBS Listed – Australia

\*By FSANZ definition low gluten (<20 mg per 100 g) and low lactose (not more than 2 g per 100 g).<sup>2</sup>

^and other nutrients.

Contains soy.

PLEASE SEE PBS INFORMATION

## NUTRITIONAL INFORMATION

	UNITS	AVERAGE PER 100 mL
Energy	kJ	339
kcal	kcal	81
Protein	g	4.00
Fat	g	7.2
Saturated	g	2.5
Carbohydrate	g	0.07
Sugar	g	0
Dietary fibre, total	g	0
FOS	g	0

## VITAMINS<sup>^</sup>

Vitamin A	mcg RE	122
Vitamin D	mcg	2
Vitamin E	mg α-TE	1.5
Vitamin K	mcg	15
Vitamin C	mg	12
Folic acid	mcg	20
Thiamin (Vitamin B <sub>1</sub> )	mg	0.08
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.12
Vitamin B <sub>6</sub>	mg	0.08
Vitamin B <sub>12</sub>	mcg	0.6
Niacin	mg NE	1.8
Pantothenic acid	mg	1.0
Biotin	mcg	6.1
Choline	mg	15.7
Inositol	mg	6.5

## MINERALS<sup>^</sup>

Sodium	mg	59.1
Potassium	mg	146
Chloride	mg	83
Calcium	mg	140
Phosphorus	mg	100
Magnesium	mg	10
Iron	mg	2.4
Zinc	mg	1.0
Manganese	mg	0.03
Copper	mcg	100
Iodine	mcg	20.3
Selenium	mcg	2.7
Chromium	mcg	0
Molybdenum	mcg	0
Taurine	mg	0
Carnitine	mg	0

**Ingredients:** Water (88%), soy protein isolate (5%), high oleic safflower oil (3%), soy oil (2%), coconut oil (2%); LESS THAN 1% OF: calcium phosphate, potassium citrate, potassium chloride, magnesium chloride, monoglycerides, soy lecithin, carrageenan, salt, L-methionine, ascorbic acid, potassium hydroxide, choline chloride, taurine, m-inositol, ferrousulphate, zincsulphate, L-carnitine, niacinamide- $\alpha$ -tocopherylacetate, calciumpantothenate, cupriculphate, thiamin chloride hydrochloride, Vitamin A palmitate, riboflavin, pyridoxine hydrochloride, folic acid, potassium iodide, phylloquinone, biotin, beta carotene, sodium selenate, Vitamin D3 and cyanocobalamin.

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# 5. PUMP & GIVING SETS



GRAVITY GIVING SET	
<b>Product Presentation</b>	ENFit compatible
<b>Abbott Product Code</b>	S705.B17
<b>DHL Product Code</b>	2288267

FreeGO GIVING SET	
<b>Product Presentation</b>	ENFit compatible
<b>Abbott Product Code</b>	S790.B18
<b>DHL Product Code</b>	2288260

FreeGO GIVING SET	
<b>Product Presentation</b>	EnPlus compatible
<b>Abbott Product Code</b>	Y675.B18
<b>DHL Product Code</b>	2288316

BACKPACK	
<b>Product Presentation</b>	Adult, Paediatric
<b>Abbott Product Code</b>	S840.001, S404.001
<b>DHL Product Code</b>	2256173, 2277994

FreeGO PUMP	
<b>Abbott Product Code</b>	S400.001

FLEXITAINER	
<b>Product Presentation</b>	500 mL, 1 L
<b>Abbott Product Code</b>	M241.B15, M240.B15
<b>DHL Product Code</b>	2288221, 2288247

# 6. PBS INFORMATION

Breast milk is best for babies. Professional advice should be followed before using an infant formula. Introducing partial bottle-feeding could negatively affect breast feeding. Good maternal nutrition is important for breast-feeding and reversing a decision not to breast-feed may be difficult. Infant formula should be used as directed. Proper use of infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

**RCF® PBS INFORMATION:** Soy Protein and Fat Formula with Vitamins and Minerals, Carbohydrate Free. Ketogenic diet treatment for patients with intractable seizures or glucose transport protein defect or pyruvate dehydrogenase deficiency. Glucose galactose intolerance and multiple monosaccharide intolerance in infants and children. Restricted Benefit.

RCF® 8577K. See PBS Schedule for full criteria.

# 7. REFERENCES

1. Ensure TwoCal HN RTD Product Label.
2. Australia and New Zealand Food Standards Code. Standard 2.9.5 – Food for special medical purposes (updated March 2021).
3. Ensure Plus Strength Product Label.
4. Ensure Plus RTD Product Label.
5. Ensure Plus Can Product Label.
6. Analytical and Testing Laboratory School of Chemical and Biomedical Engineering. Analytical Report of Flowability of Ensure Plus Crème. Univ. of Sydney, 2017.
7. Ensure Powder Product Label.
8. Ensure Neutral Powder Product Label.
9. Jevity Can Product Label.
10. Jevity RTH Product Label.
11. Jevity Plus Product Label.
12. Jevity HiCal RTH Product Label.
13. Jevity HiCal Can Product Label.
14. Jevity Promote Product Label.
15. Osmolite Product Label.
16. Ensure Plus HN Can Product Label.
17. Ensure Plus HN RTH Product Label.
18. Ensure TwoCal HN RTH Product Label.
19. Glucerna Select Product Label.
20. Glucerna Powder Product Label.
21. Glucerna Y495 GI test result.
22. Glucerna Y523 GI test result.
23. Glucerna RTD Product Label.
24. Glucerna Y578 GI test result.
25. Nepro HP RTH Product Label.
26. Nepro HP RTD Product Label.
27. Glycemic Research Report #1308 (Nepro HP and Nepro LP powder and liquid).
28. Nepro LP RTD Product Label.
29. Vital RTH Product Label.
30. Vital RTD Product Label.
31. PediaSure Powder Product Label.
32. PediaSure Organic Product Label.
33. PediaSure RTD Product Label.
34. PediaSure Fibre Product Label.
35. PediaSure Plus RTH Product Label.
36. Ross Carbohydrate Free Product Label.

# 8. CONTACT INFORMATION

## YOUR ABBOTT NUTRITION REPRESENTATIVE

Name

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Phone

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Email

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PHONE	Australia Customer Service	1800 225 311
ORDERING	DHL Customer Service (Australia)	1800 077 421 (select option 1)
	Email	<a href="mailto:d2mcs@dhl.com">d2mcs@dhl.com</a>
ABBOTT HENS	Direct line	1800 077 421 (select option 1)
	Home patient registration site	<a href="http://www.abbott.hens.com">www.abbott.hens.com</a>
	Email	<a href="mailto:d2mpcs@dhl.com">d2mpcs@dhl.com</a>
ABBOTT NUTRITION PUMP SERVICE CENTRE	Australia	1800 819 831

For further product information visit: [www.abbottnutrition.com.au](http://www.abbottnutrition.com.au)

**Food for Special Medical Purposes. Use under medical supervision.**

**For healthcare professional use only. Minor differences exist between flavours.**

**For details, please consult the product label or contact Abbott Nutrition.**

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# COMPLETE IN VOLUMES

PRODUCT	Age	19–30		31–50		51–70		>70	
	Gender	M	F	M	F	M	F	M	F
	UNITS								
<b>Ensure TwoCal HN</b> (200mL bottle)	mL	1000	1000	1000	1000	1000	1000	1000	1000
<b>Ensure TwoCal HN RTH</b> (1000mL RTH)	mL	1000	1000	1000	1000	1000	1000	1000	1000
<b>Ensure Plus</b> (200mL bottle)	mL	1400	1000	1400	1000	1400	1000	1400	1000
<b>Ensure Plus can</b> (237mL can)	mL	1185	1185	1185	1185	1185	1422	1185	1422
<b>Ensure Plus HN can</b> (250mL can)	mL	1250	1000	1500	1000	1500	1500	1500	1500
<b>Ensure Plus HN RTH</b> (1000mL RTH)	mL	1250	1000	1250	1000	1250	1250	1500	1500
<b>Ensure Liquid</b> (250mL can)	mL	1250	1000	1250	1000	1250	1000	1500	1500
<b>Ensure Compact**</b> (125mL bottle)	mL	750	625	750	625	750	750	750	750
<b>Ensure Powder Van &amp; Choc</b> (850g can)	mL	2300	1840	2300	1840	2300	1840	2300	1840
<b>Ensure Powder Neutral</b> (850g can)	mL	2844	2133	2844	2133	2844	2370	2844	2370
<b>Glucerna Select</b> (500mL RTH)	mL	2000	1500	2000	1500	2000	2000	2000	2000
<b>Jevity can</b> (237mL can)	mL	1422	1422	1422	1422	1422	1422	1896	1896
<b>Jevity RTH</b> (1000mL RTH)	mL	1800	1400	1800	1400	1800	1400	1800	1800
<b>Jevity Plus</b> (1000mL RTH)	mL	1600	1200	1600	1200	1600	1500	1600	1500
<b>Jevity HiCal</b> (250mL can, 1000mL RTH)	mL	1300	1000	1300	1000	1300	1300	1500	1500
<b>Jevity Promote</b> (1000mL RTH)	mL	1500	1300	1500	1300	1500	1700	1700	1700
<b>Osmolite</b> (1000mL RTH)	mL	1900	1500	1900	1500	1900	1900	1900	1900
<b>Vital 1.5kcal</b> (200mL bottle, 1000mL RTH)	mL	1400	1000	1400	1000	1400	1400	1400	1400

THIS IS A GUIDE ONLY AND SHOULD NOT REPLACE THE EXPERT ADVICE OF A HEALTHCARE PROFESSIONAL.

\*\*'Complete in volume' calculations are based on current product formulations as listed in the Product Range Card, excluding fluoride, sodium, potassium (all products) and magnesium and manganese (Ensure Compact\*\*).

Based on Nutrient Reference Values for Australia and New Zealand accessed in September 2024: <https://www.eatforhealth.gov.au/nutrient-reference-values>

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# ALLERGEN STATUS

PRODUCT	Egg free	Fish free	Milk free	Oat free	Peanuts/Tree Nuts free	Soy free	Meat free <sup>1</sup>	Wheat free	Sesame seed free	Shell-fish free	Alcohol <sup>2</sup> free	Gluten free <sup>3</sup>	Low Lactose <sup>4</sup>	Halal certified <sup>5</sup>	Kosher certified <sup>6</sup>	Lupin free
Ensure (250 mL can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure Plus (200 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓#	✓
Ensure Plus (237 mL can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	■*	✓	✓	✓	✓
Ensure Powder (850 g can) Vanilla & Chocolate	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure Powder Neutral (850 g can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure Plus Strength (220 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓+	✓	✓
Ensure Compact (125 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure Plus HN (250 mL can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure Plus HN (1000 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Ensure TwoCal HN (200 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓**	✓
Ensure TwoCal HN (1000 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Jevity (237 mL can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Jevity Plus (1000 mL RTH)	✓	✓	✗	✗	✓	✗	✓	✗	✓	✓	✓	■**	✓	✓	✓	✓
Jevity (1000 mL RTH)	✓	✓	✗	✗	✓	✗	✓	✗	✓	✓	✓	■**	✓	✓	✓	✓
Jevity HiCal (250 mL can, 1000 mL RTH)	✓	✓	✗	✗	✓	✗	✓	✗	✓	✓	✓	■**	✓	✓	✓	✓
Jevity Promote (1000 mL RTH)	✓	✓	✗	✗	✓	✗	✓	✗	✓	✓	✓	■**	✓	✓	✓	✓
Osmolite (1000 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Glucerna Select (500 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Glucerna (220 mL bottle)	✓	✓	✗	✗	✓	✗	✓	✓	✓	✓	✓	■**	✓	✓	✓	✓
Glucerna Powder (850 g can)	✓	✓	✗	✗	✓	✗	✓	✓	✓	✓	✓	■**	✓	✓	✓	✓
Nepro LP (220 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nepro HP (220 mL bottle, 500 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓**	✓
Vital 1.5kcal (200 mL bottle, 1000 mL RTH)	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>PAEDIATRIC</b>																
PediaSure (200 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PediaSure Fibre (220 mL bottle)	✓	✓	✗	✗	✓	✗	✓	✓	✓	✓	✓	■**	✓	✓	✓	✓
PediaSure Compact (125 mL bottle)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PediaSure Plus (500 mL RTH)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PediaSure Powder (850 g can)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓	✓	■*	✓	✓	✓	✓
Ross Carbohydrate Free (384 mL can) <sup>^</sup>	✓	✓	✓	✓	✓	✗	✓	✓	✓	✓	✓	■*	✓	✓	✓	✓

1. Certain flavours contain E120 (cochineal) which some people may consider to be a meat product. 2. Some flavours may be dissolved in minute amounts of alcohol. 3. Gluten Free refers to the product containing no detectable gluten at a limit of quantification of 5ppm. 4. Low lactose refers to the product containing no more than 2 g of lactose per 100g. 5. Certified by the Islamic Food and Nutrition Council of America (IFANCA). 6. Certified by the Union of Orthodox Jewish Congregation of America.

\*Low Gluten; refers to a product containing less than 20 mg of gluten per 100 g.

\*\*These products contain no detectable gluten at a limit of quantification of 5 ppm but do contain oats.

<sup>^</sup>Except Fruits of the Forest (✗)

<sup>#</sup>Except Vanilla (✗)

<sup>+</sup>Except Strawberry (✗)

<sup>\*</sup>Breast milk is best for babies. Professional advice should be followed before using an infant formula. Introducing partial bottle-feeding could negatively affect breast-feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast fed may be difficult. Infant formula should be used as directed. Proper use of infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding.

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LF = Lactose Free





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